



West Midlands
Urgent Care Pathway Group

### **Quality Standards**

for

**Acute Medical Units (AMUs)** 

Version 2



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Whilst the WMQRS and SAM have taken reasonable steps to ensure that these Quality Standards are fit for the purpose of reviewing the quality of services delivered by Acute Medical Units (AMUs), however, the WMQRS and SAM will not have any liability to the service provider, service commissioner or any other person in the event that the Quality Standards are not fit for this purpose. The provision of services in accordance with these Standards does not guarantee that the service provider will comply with its legal obligations to any third party, including the proper discharge of any duty of care, in providing these services.

Review by: December 2016 at the latest

| , | Version<br>No. | Date      | Change from previous version   |
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### **CONTENTS**

| Introduction |  | 3  |
|--------------|--|----|
| Acute Medica | ll Units   | 6  |
| Inforr       | mation and Support for Patients and Carers                       | 6  |
| Staffi       | ing  | 8  |
| Suppo        | ort Services   | 12 |
| Facilit      | ties and Equipment   | 14 |
| Guide        | elines and Protocols   | 15 |
| Servio       | ce Organisation and Liaison with Other Services                  | 21 |
| Gove         | rnance   | 22 |
| Appendix 1   | References   | 24 |
| Appendix 2   | Care Quality Commission Regulatory Requirements Cross-References | 26 |
| Appendix 3   | Abbreviations  | 29 |

#### **INTRODUCTION**

These Quality Standards aim to improve the quality of services within Acute Medical Units (AMUs). They help to answer to the question: "For each service, how will I know that national guidance and evidence of best practice have been implemented?" and are suitable for use in service-specifications, self-assessment and peer review visits. The Quality Standards describe what services should be aiming to provide and all services should be working towards meeting all applicable Quality Standards within the next two years.

The Standards link with the West Midlands Quality Review Service (WMQRS) Quality Standards for Urgent Care which cover the whole urgent care pathway. Version 2 of the Standards for Acute Medical Units is published jointly with the Society for Acute Medicine. Version 2 of the full WMQRS Urgent Care Standards is in development.

The Quality Standards are based on and support implementation of national strategies and guidance, including NICE guidance and Quality Standards. Appendix 1 lists relevant national guidance and links it to each of the Quality Standards. Appendix 2 cross-references each of the Quality Standards to the Care Quality Commission's *Essential Standards of Quality and Safety*. Appendix 3 gives a glossary of terms and abbreviations used in the Quality Standards.

The aim of the Quality Standards is that:

- a. services are provided as close to home as possible and are as easy as possible for patients and carers to access by public or private transport
- b. services achieve the best possible clinical outcomes and the best possible experience for patients and their carers
- c. services are responsive to the needs of patients and carers, and provide information and support for patients and their carers at all stages of the patient's care
- d. services are provided by staff with appropriate competences, who work in good facilities with the equipment and support services that patients need
- e. the treatment and care of patients follows evidence-based guidance which includes prevention of complications, risk factors or other illnesses in the patient and, if appropriate, their family
- f. services are sustainable, cost-effective and provide good 'value for money'.

We hope that through use of the Quality Standards patients, carers and the public will know more about the services they can expect, commissioners will have better service specifications and service providers and commissioners will work together to improve service quality. If used in this way, then service providers and commissioners will have assurance of the quality of local services and will have better information to give to the Care Quality Commission and Monitor.

These Quality Standards link with other WMQRS Quality Standards, in particular those for:

- Standards for the Care of Critically III and Critically Injured Children in the West Midlands (Version 3)
- Standards for Critical Care Services
- Services for People with Vascular Disease
- Services for People with Stroke (Acute Phase) and TIA
- Mental Health Services
- Care of People with Long-Term Conditions

The latest versions of these Quality Standards are available on the WMQRS website: www.wmqi.westmidlands.nhs.uk/wmqrs/

### **STRUCTURE OF THE QUALITY STANDARDS**

Each Quality Standard is structured as follows:

| Reference Number (Ref) | This column contains the reference number for each Quality Standard (QS) which is       |           |  |          |  |  |  |  |  |
|------------------------|---|-----------|--|----------|--|--|--|--|--|
| , ,                    |   |           | dards and is used for all cross-referencing. Each refer  | -        |  |  |  |  |  |
|                        | -   |           | of two letters (the first identifying the care pathway   |          |  |  |  |  |  |
|                        |   |           |  |          |  |  |  |  |  |
|                        | second the service to which a standard applies) and three digits (the first identifying |           |  |          |  |  |  |  |  |
|                        | the relevant so   | ection a  | and the last two being unique to that Quality Standar    | d).      |  |  |  |  |  |
|                        | Many of the C   | Quality S | Standards relating to Acute Medical Admissions also a    | apply to |  |  |  |  |  |
|                        | -   | -         | rtment and to Acute Surgical Admissions. Such standa     |          |  |  |  |  |  |
|                        | _   |           | the reference in common.                                 |          |  |  |  |  |  |
|                        | life last two a   | 18113 01  | the reference in common.                                 |          |  |  |  |  |  |
|                        | The reference   | also in   | cludes a guide to how the QS will be reviewed:           |          |  |  |  |  |  |
|                        | _   |           |  |          |  |  |  |  |  |
|                        |   | ВІ        | Background information to review team                    |          |  |  |  |  |  |
|                        |   | Visit     | Visiting facilities                                      |          |  |  |  |  |  |
|                        |   | MP&S      | Meeting patients, carers and staff                       |          |  |  |  |  |  |
|                        |   | CNR       | Case note review   |          |  |  |  |  |  |
|                        |   | Doc       | Documentation should be available                        |          |  |  |  |  |  |
|                        | The shaded ar   | ea indi   | cates the approach that will be used to reviewing the    | e QS.    |  |  |  |  |  |
|                        |   |           |  |          |  |  |  |  |  |
| Quality Standard (QS)  | This describes the quality that services are expected to meet.                          |           |  |          |  |  |  |  |  |
| Notes                  | The notes give more detail about either the interpretation or the applicability of the  |           |  |          |  |  |  |  |  |
|                        | standard.   |           | actain about states the interpretation of the applicable | , 0,     |  |  |  |  |  |
|                        | standara.   |           |  |          |  |  |  |  |  |

#### **Pathway and Service Letters**

The full WMQRS Quality Standards for Urgent Care are in the following sections:

| AA- | Urgent Care Pathway | Primary Care              |
|-----|---------------------|---------------------------|
| AB- | Urgent Care Pathway | Ambulance Services        |
| AC- | Urgent Care Pathway | Acute Trust-Wide          |
| AE- | Urgent Care Pathway | Emergency Department      |
| AF- | Urgent Care Pathway | Acute Medical Admissions  |
| AG- | Urgent Care Pathway | Acute Surgical Admissions |
| AZ- | Urgent Care Pathway | Commissioning             |

#### **Topic Sections**

Each section covers the following topics:

| -100 | Information and Support for Patients and Carers      |
|------|--|
| -200 | Staffing   |
| -300 | Support Services                                     |
| -400 | Facilities and Equipment                             |
| -500 | Guidelines and Protocols                             |
| -600 | Service Organisation and Liaison with Other Services |
| -700 | Governance   |

#### **Policies, Protocols, Guidelines and Procedures:**

The Quality Standards use the words policy, protocol, guideline and procedure based on the following definitions:

**Policy** A course or general plan adopted by an organisation, which sets out the overall aims

and objectives in a particular area.

**Protocol** A document laying down in precise detail the tests or steps that must be performed.

**Guidelines** Principles which are set down to help determine a course of action. They assist the

practitioner to decide on a course of action but do not need to be automatically applied. Clinical guidelines do not replace professional judgement and discretion.

**Procedure** A procedure is a method of conducting business or performing a task, which sets

out a series of actions or steps to be taken.

For simplicity, some standards use the term 'guidelines and protocols' which should be taken as referring to policies, protocols, guidelines and procedures. All clinical guidelines should be based on national guidance, including NICE guidance where available. Local guidelines and protocols should specify the way in which national guidance will be implemented locally and should show consideration of local circumstances.

#### **COMMENTS ON THE QUALITY STANDARDS**

Anyone wishing to discuss these Quality Standards in more detail should contact the West Midlands Quality Review Service on 0121 507 2891 or <a href="mailto:swb-tr.SWBH-GM-WMQRS@nhs.net">swb-tr.SWBH-GM-WMQRS@nhs.net</a> or the Society for Acute Medicine on 0131 247 3696 or <a href="mailto:sam@rcpe.ac.uk">sam@rcpe.ac.uk</a>. More information about WMQRS, its Quality Standards and reviews is available at <a href="https://www.wmgi.westmidlands.nhs.uk/wmgrs/">www.wmgi.westmidlands.nhs.uk/wmgrs/</a> More information about the Society for Acute Medicine is available at <a href="https://www.acutemedicine.org.uk">www.acutemedicine.org.uk</a>

Quality Standards are updated as new national guidance and evidence of effectiveness becomes available and following experience of using them in practice. Any comments on the Quality Standards will be welcomed. Comments should be sent to <a href="mailto:swb-tr.SWBH-GM-WMQRS@nhs.net">swb-tr.SWBH-GM-WMQRS@nhs.net</a> or <a href="mailto:sam@rcpe.ac.uk">sam@rcpe.ac.uk</a> and will be taken into account when the Standards are updated.

#### **ACUTE MEDICAL UNITS**

These Quality Standards apply to Acute Medical Units and should also be applied to any ward accepting a significant number of general medical admissions. They do not apply to patients who are under the care of an appropriate specialty-specific team in an appropriate environment.

Throughout this section of the Quality Standards, 'Unit' can be taken as meaning the Acute Medical Unit.

#### INFORMATION AND SUPPORT FOR PATIENTS AND CARERS

#### AF-101

#### **General Support for Patients and Carers**



Patients and their carers should have easy access to the following services. Information about these services should be easily available:

- a. Interpreter services
- b. Independent advocacy services
- c. PALS
- d. Social services
- e. Benefits advice
- f. Spiritual support
- g. Transport services
- h. Age UK or other relevant voluntary organisations
- i. HealthWatch or equivalent organisation
- j. Alternatives to hospital treatment

#### Notes:

1 Information should be written in clear, plain English and should be available in formats and languages appropriate to the needs of patients and their carers.

2 This QS is about 'signposting' to relevant services. The actual services available may be different in different areas.

3 Availability of support services should be appropriate to the case mix and needs of patients and their carers.

#### AF-102

#### **Responsible Consultant**



There should be a system of communicating the name of the responsible consultant for the day to patients and carers.

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#### **Condition-Specific Information**

Information for patients and carers should be available covering, at least:

- a. Pain relief
- b. Pneumonia
- c. COPD
- d. Asthma
- e. Acute coronary syndrome
- f. Stroke
- g. Falls
- h. Transient loss of consciousness
- i. Seizures
- i. Gastro-intestinal bleed
- k. Alcohol and substance misuse
- I. Venous thrombo-embolism prevention
- m. Health promotion, including smoking cessation, health eating, weight management, sexual and reproductive health, mental and emotional health and well-being
- n. Other common presenting conditions

#### Information should cover:

- i. Care and activities after discharge
- ii. Symptoms and action to take if unwell
- iii. DVLA regulations and driving advice
- iv. Sources of further advice

#### Notes:

1 Information should be written in clear, plain English and should be available in formats and languages appropriate to the needs of the patients, including developmentally appropriate information for young people and people with learning disabilities. Information for young people should meet the 'You're Welcome Quality Criteria' (DH, 2007).

2 Some WMQRS pathway-specific standards include additional requirements for patient information: <a href="https://www.wmqi.westmidlands.nhs.uk/wmqrs/publications">www.wmqi.westmidlands.nhs.uk/wmqrs/publications</a>

3 Information on 'other common presenting conditions' will depend on the local population.

#### AF-104

#### Information about the Unit



Information for patients and carers about the Acute Medical Unit should be available covering, at least:

- a. What patients need to bring with them
- b. Layout of the Unit, including location of toilets and fire exits
- c. Visiting times
- d. Infection control including hand washing and use of hand gel
- e. Who will be looking after the patient (for example, staff groups, uniform colours)
- f. How to find out what is happening
- g. Where to get drink and food
- h. Who to talk to about concerns
- i. Moving on from the Unit.

#### Notes:

1 As QS AF-103 Note 1.

2 Information on 'Moving on from the Unit' may cover, for example, discharge arrangements, transfer to another ward and discharge home.

#### **Management Plan**

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The management plan should be discussed and agreed with the patient and, where appropriate, their carers. A record of this discussion should be made in the case notes.

Note: This QS applies to the initial management plan and to any significant changes to this plan.

#### AF-106

#### **Communication Aids**



Communication aids should be available to help patients with communication difficulties to participate in decisions about their care.

#### AF-107

#### **Discharge Information**



Patients being discharged home should be given a discharge letter. This letter should describe the condition, treatment given (if any) and future management plan. The contents of the letter should be discussed with the patient and, where appropriate, their carers and a copy should be sent to their GP.

#### AF-199

#### **Involving Patients and Carers**



The service should have:

- a. Mechanisms for receiving feedback from patients and carers about the treatment and care they received.
- b. A rolling programme of audit of patients' and carers' experience
- c. Mechanisms for involving patients and carers in decisions about the organisation of the services.

Note: The arrangements for receiving feedback from patients and carers may involve surveys, including the national patient survey, focus groups and/or other arrangements. They may involve Trust-wide arrangements so long as issues relating to the specific service can be identified.

#### **STAFFING**

#### AF-201

#### **Lead Consultant and Lead Nurse**



There should be a nominated lead consultant and nominated lead nurse with responsibility for ensuring implementation of the Quality Standards for the Unit. The lead consultant and lead nurse should undertake regular clinical work within the department.

Note: The organisation of acute medical admission facilities can vary considerably and the arrangements for leadership of these services will also vary.

#### AF-202

#### **Senior Decision-Makers**



A doctor trained in the specialty of General Internal Medicine or Acute Internal Medicine at level ST3 or above or equivalent SAS grade, or a registered healthcare professional with equivalent competences, should be immediately available at all times. This healthcare professional must have up to date competences in ALS.

#### Notes:

- 1 This healthcare professional should not have other duties, such as clinics, which would prevent immediate attendance on the Unit if required.
- 2 Further guidance on medical staffing of Acute Medical Units is given in 'Acute Medical Care: The right person, in the right setting, first time'. Royal College of Physicians(2007)
- 3 More detail of General Internal Medicine and Acute Internal Medicine curricula is available at <a href="https://www.jrcptb.org.uk">www.jrcptb.org.uk</a>

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#### Consultants

A consultant trained in General Internal Medicine or Acute Internal Medicine or with equivalent experience should be on call at all times and able to reach the Unit within 30 minutes. When on call for the Unit the consultant should not have other scheduled duties.

#### Notes:

1 'Other scheduled duties' include, for example, clinic sessions but not being on call for general medical wards as well as for the Unit, especially out of hours and in small hospitals. Further guidance on medical staffing of Acute Medical Units is given in 'Acute Medical Care: The right person, in the right setting, first time'. Royal College of Physicians(2007)

2 New appointments to consultant posts on Acute Medical Units should have completed Specialist Training in General Internal Medicine or Acute Internal Medicine.

#### AF-204

#### **Competent Clinical Decision-Makers - Competences**



'Competent Clinical Decision-Makers' (junior doctors (FY2 or CT1-3), nurse practitioners and other registered practitioners) and at least one registered nurse per shift should have competences in:

- a. ECG interpretation, including rhythm
- b. Cannulation
- c. Arterial blood gas analysis
- d. Continuous positive airways pressure and non-invasive ventilation
- e. Chest x-ray requesting
- f. Central venous pressure monitoring
- g. Swallowing screening
- h. Assessment and management of people with mental health problems or dementia
- i. Verification of death
- j. Nurse-led discharge (nurses only)
- k. Knowledge of local community services

'Competent Clinical Decision-Makers' should also have all competences in QS AF-205.

Note: Doctors in training will have written evidence of completion of a,b,c,e,h and i, and no further evidence of compliance is needed. D, f, g and k will require evidence of compliance for doctors in training.

#### AF-205

#### **All Registered Nurses - Competences**



All registered nursing staff should have competences in:

- a. ILS
- b. Performing an Early Warning Score assessment, its interpretation and escalation as appropriate
- c. Recording an ECG
- d. Venepuncture
- e. IV drug administration
- f. Point of care testing
- g. Urinary catheterisation (male and female)
- h. Aseptic non-touch technique
- i. Oxygen delivery, monitoring and weaning
- j. End of life care, including implementation of the Liverpool Care Pathway
- k. Handover and transfer

#### **Support Workers - Competences**



Healthcare support workers should have competences appropriate for their work in the Unit, including BLS.

Note: Healthcare support workers should normally have, or be working towards, relevant NVQ level 2 or 3 qualifications. Skills for Health competence frameworks may be helpful in defining appropriate competences: <a href="www.skillsforhealth.org.uk">www.skillsforhealth.org.uk</a>

#### AF-207

#### **Competences – All Healthcare Professionals**



All healthcare professionals working in the Unit should have competences appropriate to their role in:

- a. Adult safeguarding
- b. Recognising and meeting the needs of vulnerable adults
- c. Dealing with challenging behaviour, violence and aggression
- d. Mental Capacity Act and Deprivation of Liberty Safeguards.

#### AF-208

#### **Ultrasound Competences**



Staff undertaking ultrasound within the Unit should have appropriate competences in undertaking this investigation.

#### Notes:

1This QS is not applicable if all ultrasound investigations are undertaken by Imaging Department staff.

2 Guidance on appropriate competences is given in: College of Emergency Medicine (2010) Core (Level 1)

Ultrasound Curriculum and College of Emergency Medicine (2009) Guidance for Level 2 Ultrasound

Practice in Emergency Medicine.

#### AF-209

#### **Training Plan**



A training and development plan should be in place for achieving and maintaining the competences expected for each role in the Unit (QS AF-201, AF-204 to AF-208).

#### Notes:

- 1 The training and development plan does not need to include consultants or doctors in training but should include non-consultant non-training grade doctors.
- 2 Training may be delivered through a variety of mechanisms, including e-learning, Trust-wide training and departmental training.

#### AF-210

#### Senior Staffing Levels



Sufficient Competent Clinical Decision-Makers (QS AF-204), Senior Decision-Makers (QS AF-202) and consultants (QS AF-203) with appropriate competences should be available so that timescales for assessment and treatment (QS AF-601) can normally be achieved for the expected number and dependency of patients.

Note: 'Sufficient' is not strictly defined and will depend on the configuration of services locally. 'Sufficient' should be interpreted in relation to the need for achievement of the timescales in QS AF-601. Further guidance on medical staffing of Acute Medical Units is given in 'Acute Medical Care: The right person, in the right setting, first time'. Royal College of Physicians(2007)

#### AF-211

#### **Continuity of Senior Staffing**



Senior Decision-Maker and Competent Clinical Decision-Maker rotas should be organised to give reasonable continuity of care for patients.

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#### Shift Leader

There should be a shift leader / coordinator on each shift who has an overview of all patients and their stage of care, the flow of patients through the Unit and responsibility for liaison with bed management. The shift leader / coordinator should have significant experience in urgent care at a senior level. In busy departments the shift leader / coordinator should be supernumerary and should not have clinical responsibility.

Note: 'Busy' is defined as an average of 40 or more admissions per day.

#### AF-213

#### **Nurse and Support Worker Staffing Levels**



Sufficient nursing staff and support workers with appropriate competences should be available so that timescales for assessment and treatment (QS AF-601) can normally be achieved for the expected number and dependency of patients. Staffing levels should be able to respond to fluctuations in the number and dependency of patients. Staffing should include oversight of the 'discharge area' when available. *Notes:* 

1 Nurse to patient ratios appropriate for the dependency of patients are normally 1:2 in high dependency, 1:4 for patients on trolleys and 1:6 for patients in beds. Further guidance on staffing levels is available in 'Guidance for Nurse Staffing Levels on AMU', Society for Acute Medicine (2011).

2 This QS also applies to CDU / Observation Wards if these are part of the Unit.

#### AF-214

#### **High Dependency Staffing**



In Units with a high dependency area, a minimum of one nurse who is studying for or has achieved competences in critical care should be available for every four level 2 patients.

#### AF-215

#### **Allied Health Professionals**



Staff with competences in the following areas should have time allocated to work on the Unit:

- a. Physiotherapy: at least 11am to 8pm, seven days a week.
- b. Occupational therapy: at least 11am to 8pm, seven days a week.
- c. Speech therapy: during normal working hours and available to see patients daily at weekends
- d. Dietetics: during normal working hours and available to see patients daily at weekends

Note: Staff with appropriate competences may cover more than one therapy role. Staff may be covering other areas as well so long as there is sufficient time for their work on the Unit.

#### AF-216 **D**i

#### **Discharge Assessment**



At least one member of staff with competences in discharge assessment should be available daily during normal discharge hours (7am to 10pm). Competences should include:

- a. Mobility assessment
- b. Assessment for aids and adaptations
- c. Knowledge of community support services

This member of staff should normally be able to respond within one hour of the request for discharge assessment.

Note: Hours of availability may be less in smaller Units so long as they are sufficient for to ensure discharge is not delayed.

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#### **Administrative and Clerical Support**

A member of staff with administrative and clerical competences should be available 24/7. Administrative, clerical and data collection support should be appropriate for the number of patients cared for by the service.

Note: The amount of administrative, clerical and data collection support is not defined. Clinical staff should not, however, be spending unreasonable amounts of time which could be used for clinical work on administrative tasks and data entry.

#### **SUPPORT SERVICES**

#### AF-301

#### **Laboratory Services**



Laboratory services should be available, including:

- a. A system for rapid transport of pathology samples
- b. Availability of results within, at most, one hour
- c. Group-specific blood available within 15 minutes
- d. Fully cross-matched blood available within one hour
- e. System of monitoring, recording and following up 'missed' blood results and actions taken. This system must ensure that any 'missed' blood results are identified and acted upon within 24 hours.

Note: The following results should be available within one hour: FBC, UE, LFT, INR, Ca, CRP, amylase, TnT/I, glucose.

#### AF-302

#### **Imaging Services**



Imaging services should be available:

- a. 24/7 plain radiography with images available on digital PACS for review
- b. 24/7 ultrasound with referral guidelines for:
  - i. Chest drain insertion
  - ii. Renal ultrasound
  - iii. Central venous access
- c. 24/7 CT scanning with referral guidelines for stroke, pulmonary embolus and abdominal pain and initial reports available within one hour
- d. 24/7 access to MRI (on site or by referral)
- e. 24/7 consultant radiologist available for advice
- f. Agreed referral guidelines and timescales for condition-specific investigations (QS AF-508)
- g. System of monitoring, recording and following up 'unrecognised pathology' and actions taken. This system must ensure that any 'unrecognised pathology' is identified and acted upon within locally agreed timescales.
- h. System for electronic transfer of images for specialist review (for example, to neurosurgery or vascular services).

#### Notes:

1 Evidence of compliance with this QS may be by reference to QS AF-508.

2 Ultrasound may be available in the Unit, from the Emergency Department or from radiology.

#### AF-303

#### **Other Investigations**



Access to echocardiography, bronchoscopy and gastroscopy should be available at all times. If these services are not available on the same hospital site then guidelines for emergency referral should be in place.

Note: These services may be provided from a variety of locations in the hospital, for example, critical care or specialty-specific teams.

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#### **General Surgery**

A consultant-led general surgical service should be available on-site with a Senior Decision Maker available for advice within 10 minutes and to review patients within 30 minutes.

Note: This QS may be met through a clinical network meeting the requirements of 'Emergency Surgery: Standards for unscheduled surgical care', The Royal College of Surgeons of England, 2011. This requires 24 hour, on-site availability of a surgical opinion from a doctor training in general surgery at level ST3 or above or a Trust doctor with equivalent competences.

#### AF-305

#### **Mental Health Services**



Mental health services should be available, including:

- a. Access for advice to a mental health service Senior Decision Maker at all times.
- b. Appropriate initial assessment by a competent mental health practitioner within 30 minutes in urban areas and 60 minutes in rural areas.
- c. Appropriate initial assessment by a competent child and adolescent mental health practitioner within 30 minutes in urban areas and 60 minutes in rural areas for young people aged 16 to 18.
- d. Mental Health Act assessment by a Section 12 approved person within 60 minutes in urban areas and 120 minutes in rural areas.
- e. Mental health in-patient facility able to admit patients within one hour of decision to admit.
- f. Brief intervention service for people with alcohol and substance-misuse related admission to the Unit
- g. Access to more specialised mental health services for children, young people and older people.

#### AF-306



The following pharmacy services should be available:

- a. Access to pharmacy advice (24/7)
- b. Immediate supply of commonly used medications
- c. Supply of other medications (24/7)
- d. Daily (7/7) attendance on the Unit by a pharmacist with GLF competences who is working towards or has achieved ALF competences

Note: This QS links with QS AF-513 on medicines reconciliation.

#### AF-307

#### **Ancillary Staff**

**Pharmacy** 



The following services should be available at all time:

- a. Porters
- b. Security staff
- c. Cleaners

#### **FACILITIES AND EQUIPMENT**

#### AF-401

#### **Facilities**



Facilities available should include:

- a. Trolleys, beds and chairs appropriate to the needs of patients, with the ability to flex capacity for expected fluctuations in numbers and dependency of patients
- b. Appropriate isolation facilities
- c. A facility for assessing patients with mental health problems which meets the Royal College of Psychiatrists standards
- d. A procedure room for intimate or highly invasive procedures
- e. Same sex accommodation including, when possible, high dependency areas
- f. An appropriate area with chairs and trolley spaces which can be used by patients ready for discharge or transfer who are awaiting transport

#### Notes:

1 The facility for assessing patients with mental health problems should be on or near the Unit. Relevant standards are given in Royal College of Psychiatrists (2004) 'Assessment following self harm in adults. Council Report CR122'.

2 The area for patients ready for discharge or transfer must have visual and auditory oversight from staff on the Unit during normal discharge hours (7am to 10pm). The QS can also be met by a separately staffed 'Discharge Lounge'.

#### AF-402

#### **Resuscitation Drugs and Equipment**



Resuscitation drugs and equipment should be available and should be checked in accordance with Trust policy.

Note: Evidence of compliance from other review systems will normally avoid the need for reviewers to check resuscitation drugs and equipment.

#### AF-403

#### Monitoring



Appropriate monitoring facilities should be available for the expected number, dependency and case mix of patients.

Note: Monitoring facilities may be central or ambulatory and should include alerts if attention is required.

#### AF-404

#### **Point of Care Testing**



Point of care testing for arterial blood gases, urinalysis, glucose, ketones and pregnancy should be available. Appropriate quality assurance of equipment should be undertaken in accordance with Trust policy.

Note: If laboratory services are able to provide an immediate response then this QS is not applicable.

#### AF-405

#### Non-invasive ventilation



Facilities for continuous positive airways pressure and non-invasive ventilation should be available.

Note: These facilities should be within the Unit unless adequate facilities are available from critical care or respiratory services.



#### **IT System**

IT and records systems should be available. These should be:

- a. Linked to hospital patient administration and clinical records systems
- b. Capable of receiving electronic communication of data with the ambulance service
- c. Capable of receiving electronic communication of data from the Emergency Department
- d. Capable of collecting activity data and generating reports with appropriately coded data.

#### Notes:

- 1 IT and records systems should be integrated to avoid duplicate entry of patient data.
- 2 Electronic communication with the ambulance service may help to predict demand as well as improve individual patient care.
- 3 QS AF-701 gives more details of required data collection on Unit activity.

#### **GUIDELINES AND PROTOCOLS**

#### AF-501



#### **Admission Guidelines**

Guidelines on admission to the Unit should be in use covering at least:

- a. Admission criteria
- b. Documenting information given
- c. Alternatives to admission and process for directing elsewhere if not admitted
- d. Tracking patients expected
- e. Investigations to be done before admission
- f. Handover of clinical information

#### Notes:

1 These guidelines should have been agreed by the Health Economy Urgent Care Group (WMQRS Urgent Care (V1) QS AZ-701).

2 These guidelines should be consistent with condition-specific guidelines (QS AF-508 and AF-509).

#### AF-502

#### **Initial Assessment Guidelines**



Guidelines on triage and initial assessment of patients should be in use which ensure:

- a. initial assessment includes:
  - . Brief history
  - ii. Early warning score
  - iii. ECGs
  - iv. Pain score
- b. Prioritisation of patients according to the early warning score or clinical need

#### Notes:

- 1 Initial assessment should be completed within 30 minutes of arrival on the Unit (QS AF-601)
- 2 Prioritisation of patients may include a system of 'traffic lights' to help decision-making.
- 3 A 'competent healthcare practitioner' is a nurse or other healthcare professional with competences in triage, initial assessment and undertaking and interpreting an early warning score and pain assessment.

#### AF-503

#### **Observation Guidelines**



Guidelines on monitoring should be in use which ensure all patients have a written monitoring plan stating the frequency of observations, based on the 'early warning score' assessment. The frequency of observations should be not longer than four hourly.

#### **Resuscitation and Stabilisation Guidelines**



Clinical guidelines on resuscitation and stabilisation should be in use.

#### AF-505

#### **Full Assessment Guidelines**



Guidelines or a proforma should be in use which ensure full clinical assessment and initiation of a management plan are undertaken and documented by a Senior Decision-Maker within four hours of the patient's arrival in the Unit. The guidelines or proforma should cover at least:

- a. Relevant medical history
- b. Clinical examination
- c. Differential diagnosis
- d. Treatment plan
- e. Phlebotomy and radiography requests
- f. Completion of drug and intravenous fluid chart where appropriate
- g. Estimated date of discharge

Notes: Further information on timescales for review is available in the Clinical Quality Indicators which can be found at: <a href="https://www.acutemedicine.org.uk">www.acutemedicine.org.uk</a>

#### AF-506

#### **Critical Care Guidelines**



Guidelines should be in use on:

- a. Triggering referral to the critical care outreach team or critical care unit
- b. Provision of level 2/3 care outside the critical care unit

#### Notes:

 ${\it 1 These guidelines should specify the mechanism for referral.}$ 

2 Guidelines should be consistent with the Trust policy on provision of level 2/3 care outside the critical care unit, should ensure patients are cared for by a member of staff with appropriate critical care skills and that, if the patient is in an isolated environment, this member of staff is never unaccompanied. The policy should cover:

- a. Nursing staff
- b. Medical cover
- c. Access to equipment
- d. Communication with the critical care unit
- e. Process for clinical and managerial escalation with specified time limits
- f. Any area-specific variations to the above.



#### **Transfer Guidelines**

Clinical guidelines covering direct transfer to an appropriate specialist service should be in use for, at least, each of the following services:

- a. Vascular services
- b. Stroke services
- c. Cardiac services

#### These guidelines should cover:

- i. Investigation and management of emergency patients
- ii. Management of haemodynamically unstable patients
- iii. Indications for seeking advice
- iv. Indications and arrangements for emergency transfer
- v. Indications and arrangements for non-urgent referral
- vi. Arrangements for transfer of cross-matched blood.

#### Notes:

- 1 These guidelines should be based on agreed local Clinical Networks' or West Midlands guidance and pathway or on latest evidence-based national guidance, including NICE guidance. They may be combined with those in QS AF-508 or may be separate.
- 2 Guidelines must be clear about the arrangements for emergency transfer of patients with subarachnoid haemorrhage, hyper-acute stroke, STEMI and abdominal aortic aneurysm.
- 3 The guidelines may also cover information required for referral, documentation, treatments to undertake before transfer and escorting staff.

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#### **Common Presentation Guidelines**

Clinical guidelines should be in use covering assessment and management of, at least:

- a. Infections, especially sepsis, meningitis
- b. Gastro-intestinal disorders, including GI bleeding, obstruction
- c. Venous thromboembolism, including prophylaxis, venous thrombosis and pulmonary embolism
- d. Uro-genital disease, including acute renal failure, retention of urine, painful testis, colic
- e. Pregnancy-related problems
- f. Acute poisoning / drug overdose, including alcohol
- g. Metabolic disorders, especially diabetes
- h. Cardiovascular disease, especially STEMI, acute cardiac failure, arrhythmias
- i. Respiratory disease, including asthma, COPD, infections
- j. Neurological disorders, including status epilepticus, stroke and TIA, subarachnoid haemorrhage, acute spinal cord compression, transient loss of consciousness
- k. Haematological disorders, including chronic anaemia, sickle cell crisis
- I. Mental health disorders, including depression, self-harm, dementia

#### Notes:

- 1 Condition-specific guidelines should be based on latest evidence-based national guidance, including NICE guidance. For some conditions (e.g. stroke, vascular disease), more detail is given in other WMQRS Quality Standards. Guidelines on the management of infections should link with the 'Surviving Sepsis' campaign.
- 2 Condition-specific guidelines should be clear about investigations to be undertaken (including timescales for investigation and reporting), criteria and arrangements for urgent and 'next day' transfer to the specialty-specific team, responsibility for investigations for patients who are to be admitted (to ensure that investigations are not repeated unnecessarily).
- 3 Condition-specific guidelines should be agreed with imaging and pathology services and specialtyspecific teams.
- 4 These guidelines may be combined with those in QS AF-509 or may be separate.
- 5 This QS links with QS AF-103 and AF-302.

#### AF-509

#### **Rapid Access Specialist Investigation Guidelines**



Guidelines should be in place for referral of patients to same day / next day services, including:

- a. Acute medicine clinic (7/7)
- b. Acute surgery clinic (7/7)
- c. TIA clinic or equivalent (7/7)

Guidelines should cover indications for referral, investigations prior to referral, information to be sent with the patient, information to be given to patients and communication with the patient's GP.

#### Notes:

- 1 Availability of same day / next day services is covered in WMQRS Urgent Care (V1) QS AC-305. This QS can be met be a combination of acute medicine clinics and direct access to specialty-specific clinic, so long as direct booking is available. Various arrangements for 'clinics' are acceptable; these do not need to be formal out-patient clinics. The aim is for 'one step' access to specialist assessment and review on the same or next day.
- 2 Guidelines may form part of the clinical guidelines in QS AF-508 and AF-509.
- 3 Other same day / next day services may be available, for example, admission avoidance clinics.
- 4 For patients with suspected TIA, this QS links to WMQRS Urgent Care (V1) QS CE-501.

#### AF-510 **Control of Infection Guidelines** Guidelines on control of infection should be in use. Visit MS&P CNR Doc **Other Clinical Guidelines** AF-511 Clinical guidelines should be in use covering: Visit a. Sedation MS&P b. Antimicrobial use CNR Doc c. Pain management d. Management of fluids and electrolytes e. Management of acute confusional state AF-512 **High Impact Changes** 'High Impact Intervention' principles should be applied to the following 'High Impact Changes': Visit a. Central venous catheter care MS&P b. Peripheral intravenous cannula care CNR Doc c. Urinary catheter care d. Reducing the risk of C. Difficile e. Obtaining blood cultures Note: Any 'High Impact Changes' produced subsequent to the publication of the QSs should be added to this list. AF-513 **Medicines Reconciliation Guidelines** Guidelines on medicines reconciliation should be in use covering: Visit a. Responsibilities of each healthcare professional involved MS&P b. Written documentation of: CNR Doc i. Regular and acute medication prescribed by the patient's GP ii. Allergies and, when available, the nature of the allergic reaction iii. 'Over the counter', herbal and complementary therapies iv. All intended changes to the patient's medication c. Process for identifying and correcting unintentional changes to the patient's medication AF-514 **Paediatric Advice Guidelines** ВІ Guidelines, agreed with local paediatric services, should be in use covering indications for seeking advice Visit on the care of young people aged 16 to 18. MS&P

Note: Guidelines should ensure that the consultant (adult or paediatric) with ongoing responsibility for

the young person's care is clearly identified.

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#### **Health Promotion and Disease Prevention Guidelines**



Guidelines for referral of patients to the following services should be in use:

- a. Health promotion and disease prevention programmes, including smoking cessation, contraception and sexual health services, brief intervention and other support services for those with alcohol and substance misuse problems.
- b. Falls prevention service
- c. Community physiotherapy
- d. Social services

Guidelines should cover criteria and arrangements for referral and ensuring patients are given appropriate information.

Note: This QS may be met through inclusion within condition-specific guidelines (QS AF-508).

#### AF-516

#### **Care of Vulnerable Adults in Acute Hospitals**



Guidelines for the care of vulnerable adults in acute hospitals should be in use, in particular:

- a. Identification and care of vulnerable adults (QS MC-501)
- b. Individualised care plans for adults identified as being particularly vulnerable (QS MM 502)
- c. Restraint and sedation (QS MC-504)
- d. Missing patients (QS MC-505)
- e. Mental Capacity Act and the Deprivation of Liberty Safeguards (QS MC-594)
- f. Safeguarding (QS MC-596)
- g. Information Sharing Agreement (QS MC-597)
- h. Palliative care (QS MC-598)
- i. End of life care (QS MC-599)

#### Notes:

1 All MC- reference numbers refer to WMQRS Quality Standards for the Care of Vulnerable Adults in Acute Hospitals (V1). This is a linking QS and will not be separately reviewed. Any lack of compliance noted during review visits will, however, be noted.

2 QS MC-599 will be updated to: 'The Liverpool Care Pathway should be in use for people approaching the end of life'.

#### AF-517

#### **Discharge Protocol**



A protocol on discharge from the Unit should be in use covering at least:

- a. Ensuring the discharge letter is completed at the time of decision to discharge
- b. Ensuring medication 'To Take Out' is ordered at the time of decision to discharge
- c. Use of the 'discharge area' as soon as possible after the decision to discharge
- d. Oversight of patients in the 'discharge area' including ensuring comfort, nutrition, dignity and medication for patients in the 'discharge area'

#### Notes:

- 1 This protocol should be consistent with the Health Economy Discharge Policy.
- 2 The 'discharge area' should normally be used between 7am and 10pm.
- 3 The discharge protocol may form part of the Operational Policy (QS AF-601).

#### SERVICE ORGANISATION AND LIAISON WITH OTHER SERVICES

#### AF-601

#### **Operational Policy**



The Unit should have an operational policy covering, at least:

- a. Arrangements for giving advice to GPs and recording the advice given.
- b. Admission of patients from the Emergency Department within one hour of the decision to admit.
- c. Achievement of expected timescales, in particular:
  - i. initial assessment by a competent healthcare practitioner within 30 minutes of the patient's arrival in the Unit (QS AF-502)
  - ii. Full clinical assessment and initiation of a management plan within four hours of the patient's arrival in the Unit at the latest (QS AF-505)
  - iii. Consultant review of all patients within 14 hours of admission and within six hours for patients admitted between 8am and 6pm
- d. Communication with:
  - i. Patients, their carer/s and their GP
  - ii. Services to which patients are being referred
  - iii. Services to which patients are being transferred
- e. Handover of patients at each change of responsible consultant, non-consultant medical staff, nursing staff and other staff
- f. Arrangements for the care of patients aged 16 to 18 years old, which should include flexible visiting and, if possible, care in a side room.
- g. Notification to maternity services of admission of a pregnant woman (16+ weeks gestation) with a non-obstetric problem
- h. System for acknowledging and reviewing pathology and imaging results
- i. Arrangements for liaison with social services and discharge services
- j. Arrangements for follow up clinics
- k. Process for ensuring action on the advice of the local Coroner

#### Notes:

1 The discharge policy (QS AF-517) and escalation plan (QS AF-602) may be part of the Operational Policy.

2 This QS is based on the Clinical Quality Indicators available at the time of publication. These may be subject to change and the latest version will be available at: <a href="www.acutemedicine.org.uk">www.acutemedicine.org.uk</a>

#### AF-602

#### **Escalation Plan**



An escalation plan to manage increased demand should be in place. This plan should include triggers and arrangements for increasing capacity.

#### Notes:

1 The plan should cover escalation for whatever reason, including sudden increases in need for services. The plan may be part of the Operational Policy (QS AF-601)

2 The plan should be consistent with, and may form part of, the Trust's or health economy's Major Incident Plan.

# BI Visit MS&P CNR Doc

#### **Liaison with Other Services**

Meetings at least annually to review the links with the Unit and address any problems identified should be held with:

- a. Emergency Department
- b. Ambulance services
- c. Mental health services
- d. Police
- e. Bereavement services

#### Notes:

1 This may be part of a Trust-wide meeting so long as operational issues specific to acute medical admissions are discussed.

2 This QS is additional to day-to-day liaison arrangements and should involve staff with management responsibility for the Unit.

#### **GOVERNANCE**

#### AF-701

#### **Data Collection**



There should be regular collection of data and monitoring of:

- a. Admission of patients from the Emergency Department within one hour of the decision to admit
- b. Initial assessment completed within 30 minutes of arrival on the Unit.
- c. Full clinical assessment and initiation of a management plan within four hours of arrival on the Unit
- d. Consultant review within 14 hours of admission
- e. Length of stay on the Unit and destination on discharge
- f. Hospital mortality rates for all patients admitted via the Unit
- g. Patients discharged from the Unit who are re-admitted within seven days of discharge
- h. Submission of data to relevant national audit programmes

#### Notes:

1 Data do not need to be collected for all patients. A regular sampling approach may be used.

2 This QS is based on the Clinical Quality Indicators available at the time of publication. These may be subject to change and the latest version will be available at: <a href="https://www.acutemedicine.org.uk">www.acutemedicine.org.uk</a>

#### AF-702

#### Audit



The services should have a rolling programme of audit of:

- a. Compliance with evidence-based guidelines (QS AF-500s)
- b. Compliance with national standards on clinical documentation
- c. Review of mortality and morbidity

Note: The rolling programme should ensure that action plans are developed following audits and that implementation is monitored.

#### AF-798

#### **Review and Learning**



The service should have appropriate multi-disciplinary arrangements for review of, and implementing learning from, positive feedback, complaints, outcomes, incidents and 'near misses'.

# AF-799 Document Control BI Visit MS&P CNR Doc All policies, procedures and guidelines should comply with Trust document control procedures.

#### APPENDIX 1 REFERENCES

#### **ACUTE MEDICAL UNITS**

- 1 Acute Medical Care: The right person, in the right setting, first time, Royal College of Physicians (2007)
- 2 Good Surgical Practice, Royal College of Surgeons of England (2008)
- 3 A Guide to Emergency Medical and Surgical Admissions, DH (2005)
- 4 Emergency General Surgery: The Future A Consensus Statement, Association of Surgeons of Great Britain and Ireland (2007)
- 5 Specialty Training Curriculum for General Internal Medicine, Royal College of Physicians (2009)
- 6 Resuscitation Council Guidelines. Available at: www.resus.org.uk
- 7 Emergency Medicine Consultants Workforce Recommendations', The College of Emergency Medicine (2010).
- 8 Recommendations for Nurse Staffing in Acute Medical Assessment Units, Society for Acute Medicine (2004)
- 9 Acutely III Patients in Hospital, National Institute for Clinical Excellence (2007)
- 10 Protection of Vulnerable Adults: A Practical Guide, DH (2009)
- 11 Mental Capacity Act 2007: Deprivation of Liberty Safeguards in England
- 12 Managing Mental Health Needs in the Acute Trust, Academy of Medical Royal Colleges (2008)
- 13 Guidance for Nurse Staffing Levels on AMU', Society for Acute Medicine (2011).
- 14 Trauma who cares?, National Clinical Enquiry into Patient Outcome and Death (2007)
- 15 Emergency Surgery: Standards for unscheduled and surgical care, The Royal College of Surgeons of England (2011).
- 16 Health Building Notes, DH (2005) HBN 4: In patient accommodation; HBN 15: Emergency care hospital helipads; HBN 22: Accident and emergency facilities.
- 17 Delivering Same-sex Accommodation, DH (2008)
- 18 Standards for the Management of Patients After Cardiac Arrest, Intensive Care Society (2008)
- 19 Guidelines for the transport of the critically ill adult, Intensive Care Society (2002)
- 20 Clinical Guidelines for management of: Asthma, COPD, Pneumothorax, Pulmonary Embolism, British Thoracic Society, www.brit-thoracic.org.uk
- 21 National Institute for Clinical Excellence guidelines for the management of: Stroke and TIA, Atrial fibrillation, Head Injury, Mental Health- self harm, Control and Restraint in difficult situations http://guidance.nice.org.uk
- 22 Saving Lives: High Impact Interventions, www.clean-safe-care.nhs.uk/index.php?pid=4
- 23 http://secure.collemergencymed.ac.uk/CEM/ClinicalEffectivenessCommittee/Guidelines/ExternalGuidelines/default.asp
- 24 http://secure.collemergencymed.ac.uk/CEM/ClinicalEffectivenessCommittee/Guidelines/LocalGuidelines/default.asp
- 25 Technical Patient Safety solutions for medicines reconciliation on admission of adults to hospital. National Institute for Clinical Excellence and National Patient Safety Agency (2007)
- 26 You're Welcome quality criteria: Making health services young people friendly, DH (2007)
- 27 The College of Emergency Medicine Annual Clinical Audits
- 28 Operating Framework for the NHS in England 2012/13, DH (2011)

| QS        | Guidance    |
|-----------|-------------|
| reference | documents   |
| AF-101    |             |
| AF-102    |             |
| AF-103    |             |
| AF-104    |             |
| AF-105    |             |
| AF-106    |             |
| AF-107    | 1           |
| AF-199    | 1,2         |
| AF-201    | 3           |
| AF-202    | 1,4,5,6,7   |
| AF-203    | 1,4,7       |
| AF-204    | 1,8,9,10,11 |
| AF-205    |             |
| AF-206    | 12          |
| AF-207    | 1           |
| AF-208    |             |
| AF-209    |             |
| AF-210    | 1,7,8,9     |
| AF-211    | 1,8,9       |
| AF-212    |             |
| AF-213    | 13          |
| AF-214    | 5           |
| AF-215    |             |
| AF-216    |             |
| AF-299    |             |
| AF-301    |             |
| AF-302    |             |
| AF-303    | 1           |
| AF-304    | 14,15       |
| AF-305    | 12          |
| AF-306    |             |

| QS<br>reference | Guidance<br>documents |
|-----------------|-----------------------|
| AF-307          | 1,3,4                 |
| AF-401          | 16,17                 |
| AF-402          | 6                     |
| AF-403          | 1,9                   |
| AF-404          | 1,3                   |
| AF-405          | 1                     |
| AF-406          | 1                     |
| AF-501          | 1                     |
| AF-502          | 9                     |
| AF-503          | 9                     |
| AF-504          | 6,18                  |
| AF-505          | 0,10                  |
| AF-506          | 9,19                  |
| AF-507          | 3,13                  |
| AF-508          | 12,20,21,22           |
| AF-509          |                       |
| AF-510          |                       |
| AF-512          | 21,23,24              |
| AF-513          | 22,25                 |
| AF-514          | 26                    |
| AF-515          | 26                    |
| AF-516          | 17                    |
| AF-517          |                       |
| AF-601          | 1,9                   |
| AF-602          |                       |
| AF-603          |                       |
| AF-701          |                       |
| AF-702          | 20,21,27              |
| AF-798          | 28                    |
| AF-799          |                       |

#### **APPENDIX 2**

### **CARE QUALITY COMMISSION REGULATORY REQUIREMENTS CROSS-REFERENCES**

Shaded boxes indicate where a section of the Quality Standards addresses one of the Care Quality Commission's Essential Standards of Quality and Safety (March 2010).

|        | CQC Essential Standards of Quality and Safety    |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
|--------|--|---|---------------------------|-----------------------------------|-----------------------------------|----------------------------|------------------------------------|---|----------------------------------|----------|--------------------|---|
| QS     | Respecting and involving people who use services | Care and welfare of people who use services | Meeting nutritional needs | Co-operating with other providers | Cleanliness and infection control | Management of<br>medicines | Safety and suitability of premises | Safety, availability and suitability of equipment | Requirements relating to workers | Staffing | Supporting workers | Assessing and monitoring the quality of service provision |
|        | 1  | 4   | 5                         | 6                                 | 8                                 | 9                          | 10                                 | 11  | 12                               | 13       | 14                 | 16  |
| AF-101 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-102 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-103 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-104 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-105 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-106 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-107 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-199 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-201 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-202 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-203 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-204 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-205 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-206 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-207 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-208 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-209 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-210 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-211 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-212 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-213 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-214 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-215 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-216 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |

|        | CQC Essential Standards of Quality and Safety    |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
|--------|--|---|---------------------------|-----------------------------------|-----------------------------------|----------------------------|------------------------------------|---|----------------------------------|----------|--------------------|---|
| QS     | Respecting and involving people who use services | Care and welfare of people who use services | Meeting nutritional needs | Co-operating with other providers | Cleanliness and infection control | Management of<br>medicines | Safety and suitability of premises | Safety, availability and suitability of equipment | Requirements relating to workers | Staffing | Supporting workers | Assessing and monitoring the quality of service provision |
|        | 1  | 4   | 5                         | 6                                 | 8                                 | 9                          | 10                                 | 11  | 12                               | 13       | 14                 | 16  |
| AF-299 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-301 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-302 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-303 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-304 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-305 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-306 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-307 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-308 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-309 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-310 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-311 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-401 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-402 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-403 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-404 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-405 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-406 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-501 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-502 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-503 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-504 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-505 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-506 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-507 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-508 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-509 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-510 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-511 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-512 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-513 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |

|        | CQC Essential Standards of Quality and Safety    |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
|--------|--|---|---------------------------|-----------------------------------|-----------------------------------|----------------------------|------------------------------------|---|----------------------------------|----------|--------------------|---|
| QS     | Respecting and involving people who use services | Care and welfare of people who use services | Meeting nutritional needs | Co-operating with other providers | Cleanliness and infection control | Management of<br>medicines | Safety and suitability of premises | Safety, availability and suitability of equipment | Requirements relating to workers | Staffing | Supporting workers | Assessing and monitoring the quality of service provision |
|        | 1  | 4   | 5                         | 6                                 | 8                                 | 9                          | 10                                 | 11  | 12                               | 13       | 14                 | 16  |
| AF-514 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-515 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-516 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-517 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-601 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-602 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-603 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-701 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-702 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-703 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-798 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |
| AF-799 |  |   |                           |                                   |                                   |                            |                                    |   |                                  |          |                    |   |

#### APPENDIX 3 ABBREVIATIONS

ALF Advanced Level Framework
ALS Advanced life support

BI Background information to review team

BLS Basic life support
CDU Clinical Decision Unit
CNR Case notes review

COPD Chronic Obstructive Pulmonary Disease

CT Core Trainee

CT Scan Computed Tomography Scan
DH Department of Health

Documentation should be available
DVLA Driver and Vehicle Licensing Agency

ECG Electrocardiograph
FY Foundation Year
GI Gastro-intestinal

GLF General Level Framework
GP General Practitioner
ILS Immediate life support

MP&S Meeting patients, carers and staff MRI Magnetic Resonance Imaging

NICE National Institute of Health and Clinical Excellence

NVQ National Vocational Qualification

PACS Picture Archiving and Communications System

PALS Patient Advice and Liaison Service

QS Quality Standards

SAM Society for Acute Medicine

SAS Staff Grade and Associate Specialist STEMI ST elevation myocardial infarction

ST Specialty trainee

TIA Transient ischaemic attack

WMQRS West Midlands Quality Review Service