

CPD WHILST YOU WEE



STROKE WORLD AWARENESS DAY 29th OCT

Don't just think FAST... BE-FAST

Balance, Eyes, Face, Arms, Speech, Time (BE-FAST)

More sensitive at detecting acute stroke but less specific

BE-FAST sensitivity 91% and specificity 53%

FAST sensitivity 76% and specificity 68%

20% OF STROKES ARE POSTERIOR AND WE MISS 30-35%

Thrombolysis Ischaemic Stroke – now up to 9 hours

Thrombectomy for Large Vessel Occlusion – up to 12 hours (or more...)

-CT perfusion imaging and new national stroke guidelines now enable more patients to be considered for reperfusion therapy.

Don't forget DVLA guidance

-Can't drive for 4 weeks after TIA or minor, non disabling stroke. Don't need to notify DVLA but should inform insurance company

-If disabling stroke, do need to notify DVLA

-If HGV driver, not to drive for a year and notify DVLA

-Check up to date DVLA guidelines regularly as these change

Clopidogrel

-It is a prodrug, metabolised by CYP2C19 to its active form.

-Omeprazole (often co-prescribed) but reduces efficacy, switch to alternative e.g. lansoprazole

-Recent evidence shows up to a 30% of the UK population cannot metabolise clopidogrel effectively

-Patients with recurrent TIA or stroke despite being on clopidogrel? -Consider resistance

-NICE currently recommends CYP2C19 genotype testing

CHECK OUT OUR TWO PODCASTS ON STROKE

