

NEWSLETTER

June 2025

Including...

- Welcome from the SAM President Elect
- Upcoming SAM Events
- SAM Upcoming Elections
- EcoSAM
- SAM Survey
- SAM Procalcitonin Research Survey
- Patient safety VTE risk assessments
- FAMUS update
- EFIM update
- SAM Podcasts

Remember: If you have anything you wish to share with SAM members, please email: administrator@acutemedicine.org.uk

PRESIDENTDr N Murch

PRESIDENT ELECTDr V Price

PAST PRESIDENTDr T Cooksley

SECRETARY Dr N Patel

TREASURER Dr M Wheble

Welcome from the President Elect, Dr Vicky Price



Over the past month, I've been asked frequently about the identity of Acute Medicine—and it's made me reflect on something Nick Murch said at a recent SAM conference: "The joy of being at an Acute Medicine conference is that you don't have to explain to anyone what you do."

It has been 25 years since SAM was founded, and yet we still find ourselves having to explain who we are—locally and nationally. We are more than just part of General Internal Medicine; we are a distinct specialty with a unique skillset and purpose and it is important that we continually promote this message...

At **SAMManchester**, we'll be celebrating our 25th birthday and inviting back our Past Presidents to reflect on the evolution of Acute Medicine over the last quarter-century. We hope you'll join us—not just to look back, but to share your thoughts on how we shape the specialty's future. (22–23 September – more details below)

Nick and I recently represented SAM at the NHSE's "First 72 Hours" roundtable alongside senior leaders from other specialties. These high-level discussions are vital—but they also underscore the importance of articulating our identity clearly and confidently.

We know where our value lies: we are the specialty best placed to care for patients early in their journey. We embrace clinical uncertainty, manage undifferentiated patients, are able to confidently discharge patients and equally feel at home looking after very unwell patients in resus. Our skills are practical, responsive, and wide-ranging—SDEC, hospital at home, enhanced care, and POCUS are just some of the tools we use daily to deliver high-quality care.

But increasingly, we face a different kind of pressure. Patients are stranded in ED, on trolleys in corridors, or waiting for hours in overcrowded areas—spaces where safe, holistic care is difficult to deliver. Prolonged stays of over 12 hours in the Emergency department are associated with higher mortality. To change this, we must have control of our AMUs and SDECs, work proactively with site teams to own our patient flow, and prevent exit block of the AMU.

At SAM, our Council includes voices from the whole multidisciplinary team because we know how crucial each member is to delivering effective care. That's a team you can't replicate in a corridor. This message will be at the heart of every national conversation we take part in.

Despite these challenges, Acute Medicine remains an immensely rewarding career. I recently rewatched the excellent takeAIM videos (<u>takeaim.org.uk/reasonsnotto</u>—don't be misled by the title!) and would encourage you to share them with any trainees feeling nervous about stepping up to the Registrar role. You'll also find them featured on our new wellbeing page: <u>Flourish on the Frontline</u>.

We all need reminders of why we do this job, so please do share any ideas, resources, or inspiration for the wellbeing page—and consider applying to lead the wellbeing committee. There are also several other SAM roles currently available, so if you're looking for a meaningful way to contribute to the specialty at a national level, this is a great place to start. It is also a brilliant way to boost your own sense of connection and purpose. See details below for which posts are out and a link for more details on how to apply.

Here's to the next 25 years of shaping and championing Acute Medicine—together. Thank you for your support of SAM.

With my best wishes,

Dr Vicky Price

SAM President Elect

Upcoming SAM Events

Save the Date for SAMManchester 22-23 September 2025



SAM's 19th Annual International Conference ACUTE MEDICINE AT 25: CELEBRATING PROGRESS, INSPIRING TOMORROW is at Manchester Central Convention Complex on 22–23 September 2025.

ACUTE MEDICINE AT 25 – this will be a landmark celebration of our specialty, which has transformed patient care across the UK. Our conference, will honour SAM's past, reflect on our progress, and look ahead to an even more dynamic future for acute medicine. **Save the dates and make plans to join us.**



Call for Abstracts & registration opening 11 June. https://www.acutemedicine.org.uk/sam-events/

SAM 25th Anniversary Discounts for SAMManchester

- **Early Bird Exclusive** "First 25 for 25% Off" The first twenty-five in person registrants will receive a 25% discount. *Act fast* once registration opens to celebrate 25 years of SAM!
- ◆ Alumni Appreciation "10 conferences in last 15 years & Counting." SAM members who have attended 10+ SAM conferences will receive 25% off as a *thank-you* for your continued support. We know who you are, so look out for your offer by email.
- Poster Presenter Perk All in-person lead poster authors, will receive a 25% discount on their delegate fee to support clinical sharing and innovation.
- Next Gen Special "Born in 2000." Are you twenty-five or under (or born in 2000) Join us with a special reduced rate to celebrate the next wave of acute medicine leaders. 25% discount.
- **Bring a Colleague "Buddy Pass"** Buy one Level 1 Consultant place, and receive 25% off for a colleague—ideal for encouraging new attendees or team participation.

Upcoming SAM Educational Evening: ecoSAM: 26 June 2025

'Hot Topics: Under the Weather on the AMU' - Cases to make you think.' From 1930hrs onwards.

Speakers: Dr Beth Griffith: Consultant Acute Physician, Mid Cheshire Hospitals NHS, New Consultant Rep, ecoSAM Lead | Dr Jamie Phillips, Acute Medicine ST6, Mersey Deanery | Jake Cantrill, Physician Associate, Mid Cheshire Hospitals NHS.

For further information on SAM conferences, meetings, webinars & upcoming FAMUS Courses, please visit: https://www.acutemedicine.org.uk/sam-events/

SAM Upcoming Elections

SAM are inviting applications for the following SAM Council posts this year:

- President Elect
- Treasurer
- New Consultant Representative
- IT & Comms Lead
- Pharmacy Representative
- Trainee Representative

- PA Representative
- Trainee & Education Committee Lead
- Wellbeing Committee Lead (new role)
- SAS Representative
- QI Committee Lead

More information and application process is here: https://mailchi.mp/acutemedicine/sam-elections-2021-call-for-applicants-10961169

The **deadline** for applications is midday on **11 June 2025**.



EcoSAM and FPM

At **SAMCambridge**, we were thrilled to announce **Magda Nasher** as the winner of the **EcoSAM and Fellowship of Postgraduate Medicine (FPM) Sustainability Prize**. The £1,000 prize was generously donated by the FPM, and we are incredibly grateful for their continued support of SAM and our shared commitment to innovation and improvement.

Magda and her team conducted a fantastic QI project focused on reducing unnecessary coagulation screens—a simple yet impactful initiative that not only cut waste but also saved money. It is a brilliant example of how practical, well-delivered ideas can drive meaningful change in our everyday practice. We will be sharing Magda's project, along with other inspiring sustainability initiatives, on our website. Visit www.acutemedicine.org.uk/sustainability-sig to learn more and spark ideas for your own projects!

SAM Procalcitonin Research Survey

SAM is running a research project looking into the use of procalcitonin across acute care. Please can we ask for your help by filling it in and spreading across your networks. Your input will help SAM develop their research portfolio and support income for the Society. It takes approximately 10 minutes. The **deadline** for the survey is **Friday 13 June**, so your help with this is appreciated. Please share widely with your colleagues in acute medicine – it is not just for SAM members.

https://www.surveymonkey.com/r/SAMPCT, or follow the QR code:

SAM Survey Results

In December, SAM did a full survey open to all membership and those that work in Acute medicine as their main role. The survey report is here.

We have responded to issues raised within the survey report and as ever, we are very keen to hear your thoughts and opinions. Please get in touch if you want to raise anything by emailing: administrator@acutemedicine.org.uk

Patient Safety - VTE risk assessments

Following the reinstatement of the National VTE Risk Assessment Data collection in April 2024, the data is now being <u>published every quarter</u>. The latest publication shows that risk assessment rates are improving (now 90%) but are still below the 95% target.

The data collection is a census of all patients, aged 16 and over who are admitted to NHS funded acute care (NHS trusts, NHS foundation trusts and independent sector providers). Relevant leads are encouraged to review and understand their data and consider actions that may be needed to reach the 95% target.

Please follow this link for more information: https://www.england.nhs.uk/statistics/statistical-work-areas/vte/vte-risk-assessment-2024-25/

FAMUS Update

At SAMontheCAM we were delighted to launch two new modules: US assisted lumbar puncture and US guided peripheral vascular access. The LP module will give candidates already competent in the procedure the skills to use ultrasound to site mark and increase success rate whilst reducing unsuccessful attempts. Details including training pathways are available here.

Finally, the working group will soon be advertising for new members! If you are interested in POCUS, work within Acute Medicine and have an appetite to support the development of FAMUS then we would love to hear from you. Full details to follow shortly in a SAM membership email.

EFIM Update

SAM formally rejoined the European Federation of Internal Medicine (EFIM) in March 2025. As such, medical SAM members are all automatically now EFIM members and have access to the opportunities that offers. The first of these is below:

Dear EFIM Members,

We are delighted to share two significant opportunities from the Foundation for the Development of Internal Medicine in Europe (FDIME) designed to support and advance the careers of young internists:

FDIME Announces Two New Research Grant Opportunities for 2025:

The Foundation for the Development of Internal Medicine in Europe (FDIME) is pleased to launch two new grant initiatives for 2025:

- 1. Grant for Research on the Use of Artificial Intelligence in Internal Medicine
- 2. Internal Medicine Research Grants

Eligibility: Young internists up to the age of 38 from EFIM member countries.

Application Deadline: 30 June 2025

These grants aim to support innovative research that advances the field of internal medicine across Europe. For further information and documents to download, please go to our website by clicking on the links above.

Furthermore, we are pleased to inform you that FDIME Announces the 20th FDIME-EFIM Clinical Research Course, Paris Seminar dates: 06-08 October 2025. This important educational resource is available again for EFIM Young Internists who are interested to advance their Clinical Research skills. Sponsorship for the Seminar is provided by the Foundation for the Development of Internal Medicine in Europe (FDIME).

Please find enclosed the announcement letter by Prof. Daniel Sereni and to read more information:

https://efim.org/events/clinical-research-course/fdime-efim-20th-clinical-research-seminar

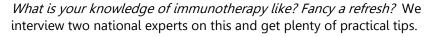
Application Deadline: 15 July 2025

Please circulate this information among your society members and young internists who may be interested.

For any inquiries, feel free to contact FDIME at: contact@fdime.org

SAM Podcasts

Have you had chance to listen to one of the 39 acute medicine podcasts yet?



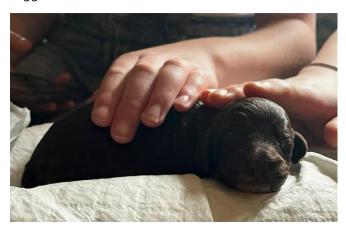


Feel like making a change on your unit and saving the planet? Our sustainability podcast has been released and there are lots of sobering facts, as well as ways we can make a difference within medicine.

Can you recommend a speaker or want us to focus on a certain topic? Get in touch at administrator@acutemedicine.org.uk for this or any other feedback and we will get back to you

You can find our podcasts on Spotify, Apple, and most podcast providers, or access them directly through our website: https://www.acutemedicine.org.uk/learning-hub/acute-medical-podcasts/

And finally ... In case anyone wants/needs a happy story for their wellbeing, our President Elect, Vicky Price, recently met her family's new puppy. There is a lovely picture of him at only 10 days old. He's a chocolate brown Cockerpoo. A name debate has now started, so please send in your suggestions for his name...



The SAM Council and Administration Team are here for our members. Full details on your SAM Council Representatives <u>can be found here</u> and they can be contacted via the Admin Team on <u>administrator@acutemedicine.org.uk</u>