

ACUTE INTERNAL MEDICINE GUIDELINES FOR SCE

(Updated 31/08/2021)

[*Guideline links repeated]

Organisation		Guidelines	Link
'The Top Presentations' - Common Medical Presentations			
Abdominal pain			
BSG	Acute pancreatitis	Practical Guide to the Management of acute pancreatitis (2019)	https://fg.bmj.com/content/flgastro/10/3/292.full.pdf
NICE	Gallstone disease	Gallstone disease: diagnosis and management (CG188) NICE (2014)	https://www.nice.org.uk/guidance/cg188
Acute back pain			
NICE	Low back pain	Low back pain and sciatica in over 16s [NG59] November 2016	https://www.nice.org.uk/guidance/ng59
NICE	Metastatic spinal cord compression in adults	Metastatic spinal cord compression in adults [CG75] November 2008	https://www.nice.org.uk/guidance/cg75
Blackout/Collapse			
NICE	Transient loss of consciousness ('blackouts')	Transient loss of consciousness ('blackouts') in over 16s [CG109] August 2010 updated: September 2014	https://www.nice.org.uk/guidance/cg109
ESC	Syncope	Syncope (Guidelines on Diagnosis and Management of) 2018.	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Syncope-Guidelines-on-Diagnosis-and-Management-of
ESC	Syncope	Essential messages and educational slide sets 2020	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
Breathlessness			
NICE	Acute Heart Failure	Acute heart failure: diagnosis and management[CG187] October 2014	https://www.nice.org.uk/guidance/cg187

NICE	Chronic Heart Failure	Chronic heart failure in adults: Diagnosis and management [NG106] September 2018	https://www.nice.org.uk/guidance/ng106
ESC	Heart failure	Acute and Chronic Heart Failure 2021	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Acute-and-Chronic-Heart-Failure
ESC	Infective endocarditis	Infective Endocarditis (Guidelines on Prevention, Diagnosis and Treatment of) 2015	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Infective-Endocarditis-Guidelines-on-Prevention-Diagnosis-and-Treatment-of
ESC	Infective endocarditis	Essential messages and educational slide sets 2020	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
BTS/Sign	Asthma	BTS/SIGN British guideline on the management of asthma 2019	https://www.brit-thoracic.org.uk/quality-improvement/guidelines/asthma/
NICE	COPD	Chronic obstructive pulmonary disease in over 16 : Diagnosis and Management 2019	https://www.nice.org.uk/guidance/NG115
BTS	COPD	BTS/ICS Guidelines for the ventilatory management of acute hypercapnic respiratory failure in adults 2016	https://www.brit-thoracic.org.uk/quality-improvement/guidelines/niv/
NICE	PE	Venous thromboembolic diseases: diagnosis, management and thrombophilia testing March 2020	https://www.nice.org.uk/guidance/ng158
ESC	PE	Essential messages and educational slide sets 2014	https://www.escardio.org/static-file/Escardio/Guidelines/Publications/Slide%20Set%2019%20Acute%20PE%20Slide-set%20for%20web.pptx
BTS	Pneumothorax	Pleural disease guidelines 2010	https://www.brit-thoracic.org.uk/document-library/guidelines/pleural-disease/bts-pleural-disease-guideline/

BTS	Pneumothorax	Spontaneous Pneumothorax Poster Pleural Disease Guideline 2010 (POSTER)	https://www.oxfordmedicaleducation.com/wp-content/uploads/2015/04/BTS-guidelines-for-pneumothorax.pdf
NICE	Pneumonia	Pneumonia in adults: NG138 and 139 (September 2019)	https://www.nice.org.uk/guidance/NG138 https://www.nice.org.uk/guidance/NG139
NICE	Idiopathic pulmonary fibrosis	Idiopathic pulmonary fibrosis in adults [CG163] June 2013 Last updated: May 2017	https://www.nice.org.uk/guidance/cg163
NICE	Lung cancer	NICE Guideline - Lung cancer: diagnosis and management [NG122] March 2019	https://www.nice.org.uk/guidance/ng122
SIGN	Lung cancer	Management of lung cancer 2014 (Quick Reference guide)	https://www.sign.ac.uk/media/1378/qrg137.pdf
BTS*	Pleural Effusion	Pleural disease guidelines 2010 (quick reference guide)	https://www.brit-thoracic.org.uk/document-library/guidelines/pleural-disease/bts-pleural-disease-guideline/
BTS	Oxygen therapy	BTS Guideline for oxygen use in healthcare and emergency settings 2017	https://thorax.bmj.com/content/thoraxjn/72/Suppl_1/ii1.full.pdf
NICE	TB	NICE Guideline – Tuberculosis [NG33] 2016	https://www.nice.org.uk/guidance/ng33

Chest Pain

NICE	Chest pain	Chest pain of recent onset: assessment and diagnosis Clinical guideline [CG95] March 2010 Last updated: November 2016	https://www.nice.org.uk/guidance/cg95
NICE	Stable angina	Stable angina: management Clinical guideline [CG126] July 2011 Last updated: August 2016	https://www.nice.org.uk/guidance/cg126
NICE	Acute Coronary Syndromes	Acute Coronary Syndromes [NG185] November 2020	https://www.nice.org.uk/guidance/ng185
ESC	ACS without ST elevation	Acute Coronary Syndromes (ACS) in patients presenting without persistent ST-segment elevation (Management of) 2020	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Acute-Coronary-Syndromes-ACS-in-patients-presenting-without-persistent-ST-segment-elevation
ESC	NSTE-ACS	Essential messages and educational slide sets 2020	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
SCE	ACS with ST elevation	Guidelines on Management of Acute Myocardial Infarction in Patients Presenting with ST-Segment Elevation 2017	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Acute-Myocardial-Infarction-in-patients-presenting-with-ST-segment-elevation-Ma
SCE	Acute Myocardial Infarction in patients presenting with ST segment elevation	Essential messages and educational slide sets	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets

Confusion, Acute/Delirium

NICE	Delirium	Delirium: prevention, diagnosis and management [CG103] March 2019	https://www.nice.org.uk/guidance/cg103
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Diarrhoea

NICE	IBS	Irritable bowel syndrome in adults: diagnosis and management [CG61] 2008 Last updated: April 2017	https://www.nice.org.uk/guidance/cg61
NICE	Coeliac disease	Coeliac disease: recognition, assessment and management [NG20] 2015	https://www.nice.org.uk/guidance/ng20
NICE	Crohn's disease	Crohn's disease: management [NG129] May 2019	https://www.nice.org.uk/guidance/ng129
NICE	Ulcerative colitis	Ulcerative colitis: management [NG130] May 2019	https://www.nice.org.uk/guidance/ng130
NICE	Colorectal cancer	Colorectal cancer [NG151] Jan 2020	https://www.nice.org.uk/guidance/ng151

Falls

NICE	Falls	Falls in older people: assessing risk and prevention [CG161] June 2013	https://www.nice.org.uk/guidance/CG161
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Fever

NICE	Sepsis	Sepsis: recognition, diagnosis and early management [NG51] July 2016 Updated Sept 2017	https://www.nice.org.uk/guidance/ng51
NICE	Neutropenic sepsis	Neutropenic sepsis: prevention and management in people with cancer [CG151] September 2012	https://www.nice.org.uk/guidance/cg151

Fits/ Seizure

NICE	Epilepsy	Epilepsies: diagnosis and management [CG137] January 2012 Last updated: May 2021	https://www.nice.org.uk/guidance/cg137
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Haematemesis & Melaena

NICE	Upper GI bleed	Acute upper gastrointestinal bleeding in over 16s: management [CG141] June 2012 Last updated: August 2016	https://www.nice.org.uk/guidance/cg141
NICE	Liver Cirrhosis	Cirrhosis in over 16s: assessment and management [NG50] July 2016	https://www.nice.org.uk/guidance/ng50

Headache

NICE	Headache	Headaches in over 12s: diagnosis and management [CG150] 2012 Last updated: May 2021	https://www.nice.org.uk/guidance/cg150
BASH	Headache	National Headache Management system for Adults 2019	https://www.bash.org.uk/downloads/guidelines2019/02_BASHNationalHeadacheManagementSystemforAdults_2019_guideline_versi1.pdf

Jaundice

NICE*	Liver Cirrhosis	Cirrhosis in over 16s: assessment and management [NG50] July 2016	https://www.nice.org.uk/guidance/ng50
NICE	NAFLD	Non-alcoholic fatty liver disease (NAFLD): assessment and management [NG49] July 2016	https://www.nice.org.uk/guidance/ng49
NICE	Hepatitis B	Hepatitis B (chronic): diagnosis and management Clinical [CG165] June 2013 Updated October 2017	https://www.nice.org.uk/guidance/cg165
NICE	Hepatitis B&C	Hepatitis B and C testing: people at risk of infection [PH43] 2012 Last updated: March 2013	https://www.nice.org.uk/guidance/ph43

Limb Pain and Swelling

NICE*	VTE	Venous thromboembolic diseases: diagnosis, management and thrombophilia testing [NG158] March 2020	https://www.nice.org.uk/guidance/ng158
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Palpitations

ESC	Atrial Fibrillation	2020 Guidelines for Management of Atrial Fibrillation	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Atrial-Fibrillation-Management
ESC	Atrial Fibrillation	Essential messages and educational slide sets 2020	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
NICE	Arrhythmias and heart failure ICD	Implantable cardioverter defibrillators and cardiac resynchronisation therapy for arrhythmias and heart failure Technology appraisal guidance [TA314] 2014	https://www.nice.org.uk/guidance/ta314

Poisoning

NICE	Drug misuse	Drug misuse prevention: targeted interventions [NG64] 2017	https://www.nice.org.uk/guidance/ng64
NICE	Self-harm	Self-harm in over 8s: short term management and prevention of recurrence [CG16] July 2004	https://www.nice.org.uk/guidance/cg16
NICE	Self-harm	Self-harm in over 8s: long term management [CG133] 2011	https://www.nice.org.uk/guidance/cg133
NICE	Self-harm	Self-harm Quality standard [QS34] June 2013	https://www.nice.org.uk/guidance/qs34

Rash

NICE	Drug allergy	Drug allergy: diagnosis and management [CG183] 2014	https://www.nice.org.uk/guidance/cg183
NICE CKS	Urticaria	Urticaria Management	https://cks.nice.org.uk/urticaria

		Last revised in August 2021	
NICE	Anaphylaxis	Anaphylaxis: assessment and referral after emergency treatment [CG134]2011 Updated August 2020	https://www.nice.org.uk/guidance/cg134

Weakness and Paralysis

RCP	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke 2016	https://www.strokeaudit.org/SupportFiles/Documents/Guidelines/2016-National-Clinical-Guideline-for-Stroke-5t-(1).aspx
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Acute kidney injury and chronic kidney disease

NICE	AKI	Acute kidney injury: prevention, detection and management [NG148] December 2019	https://www.nice.org.uk/guidance/ng148
NICE	CKD	Chronic kidney disease in adults: assessment and management [NG203] August 2021	https://www.nice.org.uk/guidance/ng203
NICE	Renal Replacement Therapy	Renal replacement therapy services for adults Quality standard [QS72] 2014 Last updated: October 2018	https://www.nice.org.uk/guidance/qs72

Management of Patients Requiring Palliative and End of Life Care

NICE	End of life care	Care of dying adults in the last days of life [NG31] 2015	https://www.nice.org.uk/guidance/ng31
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Other Important Presentations

Abdominal Mass/Hepatosplenomegaly

NICE	Suspected cancer	Suspected cancer: recognition and referral [NG12] 2015 Last updated: January 2021	https://www.nice.org.uk/guidance/ng12
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Abdominal Swelling and Constipation

NICE CKS	Constipation	Constipation Last revised in November 2020	https://cks.nice.org.uk/constipation
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Abnormal sensation

NICE	Diabetic Neuropathy	Diabetic foot problems: prevention and management [NG19] 2015 Last updated: October 2019	https://www.nice.org.uk/guidance/ng19
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Aggressive / Disturbed Behaviour

NICE	Violence and Aggression	Violence and aggression: short-term management in mental health, health and community settings [NG10] Published date: May 2015	https://www.nice.org.uk/guidance/ng10
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Alcohol and Substance Dependence

NICE	Alcohol misuse	Alcohol-use disorders: diagnosis, assessment and management of harmful drinking and alcohol dependence [CG115] 2011	https://www.nice.org.uk/guidance/cg115
NICE *	Drug misuse	Drug misuse prevention: targeted interventions [NG64] 2017	https://www.nice.org.uk/guidance/ng64

Anxiety/Panic Disorder

NICE*	Anxiety	Generalised anxiety disorder and panic disorder in adults: management [CG113] 2011 Updated July 2019	https://www.nice.org.uk/guidance/cg113
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Bruising and spontaneous bleeding

NICE	Bruising	Bruising March 2021	https://cks.nice.org.uk/bruising
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Dialysis

NICE *	Renal Replacement Therapy	Renal replacement therapy services for adults Quality standard [QS72] 2014 Last updated: October 2018	https://www.nice.org.uk/guidance/qs72
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NICE*	CKD	Chronic kidney disease in adults: assessment and management [NG203] August 2021	https://www.nice.org.uk/guidance/ng203
Dyspepsia			
NICE	GORD and Dyspepsia	Gastro-oesophageal reflux disease and dyspepsia in adults: investigation and management [CG184] 2014 Last updated: October 2019	https://www.nice.org.uk/guidance/cg184
Dysuria			
NICE	UTI	Urinary tract infections in adults Quality standard [QS90] Published date: June 2015	https://www.nice.org.uk/guidance/qs90
NICE	UTI in Men	Lower urinary tract symptoms in men: management [CG97] 2010 Last updated: June 2015	https://www.nice.org.uk/guidance/cg97
Genital Discharge and Ulceration			
NICE	All Guidelines	British Association for sexual health and HIV	https://www.bashh.org/guidelines

Haematuria			
NICE	Bladder Cancer	Bladder cancer: diagnosis and management [NG2] 2015	https://www.nice.org.uk/guidance/ng2
Haemoptysis			
NICE*	Lung cancer	NICE Guideline - Lung cancer: diagnosis and management [NG122] March 2019	https://www.nice.org.uk/guidance/ng122
SIGN*	Lung cancer	Management of lung cancer 2014 (Quick Reference guide)	https://www.sign.ac.uk/media/1378/qrg137.pdf

Head Injury

NICE	Head Injury	Head injury: assessment and early management [CG176] 2014 Last updated: September 2019	https://www.nice.org.uk/guidance/cg176
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Hoarseness and Stridor

NICE*	Anaphylaxis	Anaphylaxis: assessment and referral after emergency treatment [CG134]2011 Updated: August 2020	https://www.nice.org.uk/guidance/cg134
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Immobility

NICE	Parkinson's	Parkinson's disease in adults [NG71] July 2017	https://www.nice.org.uk/guidance/ng71
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Incidental Findings

NICE	Hypertension	Hypertension in adults: diagnosis and management [NG136] August 2019	https://www.nice.org.uk/guidance/ng136
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Joint Swelling

NICE CKS	Knee pain	Knee pain - assessment Last revised in July 2017	https://cks.nice.org.uk/knee-pain-assessment
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NICE CKS	Gout	Gout Last revised in February 2018	https://cks.nice.org.uk/gout
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Lymphadenopathy

NICE	Metastatic malignant disease of unknown primary origin	Metastatic malignant disease of unknown primary origin in adults: diagnosis and management [CG104] 2010	https://www.nice.org.uk/guidance/cg104
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Loin Pain

NICE CKS	Renal stones	Renal or ureteric colic - acute Last revised in August 2020	https://cks.nice.org.uk/topics/renal-or-ureteric-colic-acute/
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Medical Problems / Complications following Surgical Procedures

NICE*	PE/DVT	Venous thromboembolic diseases: March 2020	https://www.nice.org.uk/guidance/ng158
ESC*	Atrial Fibrillation	Atrial Fibrillation 2020 (Management of)	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Atrial-Fibrillation-Management
NICE*	Acute Heart Failure	Acute heart failure: diagnosis and management[CG187] October 2014	https://www.nice.org.uk/guidance/cg187

Medical Problems in Pregnancy

NICE	Diabetes in pregnancy	Diabetes in pregnancy: management from preconception to the postnatal period [NG3] 2015 Update December 2020	https://www.nice.org.uk/guidance/ng3
NICE	Hypertension in pregnancy	Hypertension in pregnancy: diagnosis and management [NG133] June 2019	https://www.nice.org.uk/guidance/ng133
ESC	CVD during pregnancy	CVD DURING PREGNANCY 2018	https://www.escardio.org/static-file/Escardio/Guidelines/Publications/_Slide%20Set%2018%20CVD%20Pregnancy%20Gles%20Main-Slide-set%20for%20web.pptx

Memory Loss (Progressive)

NICE	Dementia	Dementia: assessment, management and support for people living with dementia and their carers [NG97] June 2018	https://www.nice.org.uk/guidance/ng97
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Micturition Difficulties

NICE	Urinary incontinence in neurological disease	Urinary incontinence in neurological disease: assessment and management Clinical guideline [CG148] 2012	https://www.nice.org.uk/guidance/cg148
NICE*	UTI in Men	Lower urinary tract symptoms in men: management [CG97] 2010 Last updated: June 2015	https://www.nice.org.uk/guidance/cg97

Neck Pain

NICE CKS	Neck pain	Neck pain - non-specific Last revised in October 2018	https://cks.nice.org.uk/neck-pain-non-specific
NICE CKS	Neck pain	Neck pain - whiplash injury Last revised in October 2018	https://cks.nice.org.uk/topics/neck-pain-whiplash-injury/

Physical Symptoms in Absence of Organic Disease

NICE	Depression	Depression in adults: recognition and management [CG90] 2009 Last updated: April 2016	https://www.nice.org.uk/guidance/cg90
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Polydipsia

NICE	Type 2 DM	Type 2 diabetes in adults: management [NG28] 2015 Last updated: December 2020	https://www.nice.org.uk/guidance/ng28
NICE	Type 1 DM	Type 1 diabetes in adults: diagnosis and management [NG17] 2015 Last updated: July 2021	https://www.nice.org.uk/guidance/ng17

Polyuria

NICE*	Type 2 DM	Type 2 diabetes in adults: management [NG28] 2015 Last updated: December 2020	https://www.nice.org.uk/guidance/ng28
NICE*	Type 1 DM	Type 1 diabetes in adults: diagnosis and management [NG17] 2015 Last updated: July 2021	https://www.nice.org.uk/guidance/ng17

Pruritus

NICE*	Drug allergy	Drug allergy: diagnosis and management [CG183] 2014	https://www.nice.org.uk/guidance/cg183
NICE CKS*	Urticaria	Urticaria Management Last revised in August 2021	https://cks.nice.org.uk/urticaria

Rectal Bleeding

NICE CKS	Diverticular disease	Diverticular disease Last revised in January 2021	https://cks.nice.org.uk/diverticular-disease
NICE CKS	Haemorrhoids	Haemorrhoids Last revised in July 2021	https://cks.nice.org.uk/haemorrhoids
NICE*	Ulcerative colitis	Ulcerative colitis: management [NG130] 2019	https://www.nice.org.uk/guidance/ng130
NICE*	Colorectal cancer	Colorectal cancer: diagnosis and management [NG151] January 2020	https://www.nice.org.uk/guidance/ng151

Skin and Mouth Ulcer

NICE*	Diabetic foot problems	Diabetic foot problems: prevention and management [NG19] 2015 Updated October 2019	https://www.nice.org.uk/guidance/ng19
NICE CKS	Aphthous ulcer	Aphthous ulcer Last revised in April 2021	https://cks.nice.org.uk/aphthous-ulcer
NICE CKS	Herpes simplex - oral	Herpes simplex - oral Last revised in October 2016	https://cks.nice.org.uk/herpes-simplex-oral

Speech Disturbance

RCP*	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
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Suicidal Ideation

NICE*	Depression	Depression in adults: recognition and management [CG90] 2009 Last updated: April 2016	https://www.nice.org.uk/guidance/cg90
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Swallowing Difficulties

RCP*	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
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Syncope & Pre-syncope *

NICE *	Transient loss of consciousness ('blackouts')	Transient loss of consciousness ('blackouts') in over 16s [CG109] August 2010 updated: Sept 2014	https://www.nice.org.uk/guidance/cg109
ESC*	Syncope	Guidelines for Diagnosis/Management of Syncope 2018	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Syncope-Guidelines-on-Diagnosis-and-Management-of
Unsteadiness / Balance Disturbance			
RCP*	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
Visual Disturbance (Diplopia, Visual Field Deficit, Reduced Acuity)			
RCP*	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
Weight Loss			
NICE	Eating disorders	Eating disorders: recognition and treatment [NG69] May 2017 Updated December 2020	https://www.nice.org.uk/guidance/ng69