The SMART team
Surgical Medical Acute Recovery Team

If there is a patient with a need, we will do our best to meet it!
We are a team of dedicated Consultants, Nurses, Physiotherapists, Therapy Assistants and Nursing Associates based at Medway Maritime Hospital. We support all patients on discharge that continue to require acute care.

At Medway Hospital, Hospital @ Home® and SPET (Surgical Patient Enhancement Team) amalgamated in Dec 2017 to create the SMART initiative. We are a unique team that aims to continue to meet the demands of these services as well as increasing flow and efficiency of discharge with no barriers to speciality input needed. SMART aims to develop our service to provide support to ALL patients with a need, regardless of the speciality. If there is a patient with a problem we make it our responsibility to facilitate a solution and to see it through.

WHAT WE DO
Medical
- Nebuliser and oxygen weaning
- IV Blood taking
- IV diuretics
Orthopaedics
- All elective orthopaedic surgery
- C-spine Collar and spinal brace support
Surgical
- General surgery support, posttactetiomies, nephrostomy
- Breast surgery drain care
- Pigtail drain site care
- Complex wound care
Vascular Access
- Insertion of long term lines
- Management of long term lines
- Intravenous antibiotics in the community
Other
- Patient support
- Admission avoidance from ED
No criteria if we can support we will.

PATIENT INFORMATION
- Information leafet
- Hip and knee joint school
- Review on ward before discharge
- Direct telephone number (Manned 8am-6pm, 7 days a week)
- Self referral

STAFF EDUCATION
- In service training weekly
- Time with specialty nurses
- Joint working with consultants
- On call senior support

CURRENT SERVICE REVIEW
Early indications of service improvement identified:
- Reduce LOS of virtual patients
- Increased number of virtual patients accepted per day
- Increase number of heart failure management patients to 3 at one time (Currently 1 at a time)
- Rehydration service in nursing and residential homes
- Continue to develop admission avoidance pathways

SUMMARY
Streamlining all patients requiring continued acute care is an efficient, effective and patient centred approach that can avoid admissions and reduce length of inpatient stay.

Key
Avg – Average.

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