



# NEWSLETTER

July 2016

## Autumn Conference Special

Including....

- Edinburgh Past, Present and Future – September 12<sup>th</sup>–13<sup>th</sup> 2016
- Trainees
  - SAM press release on trainee contracts
  - Win a place at EFIM (European Federation of Internal Medicine)
  - Trainee election
- International Acute Medicine
  - Ireland
  - Netherlands
- Research Committee
- Acute Medicine Awareness Day 2016 Competition
- SAM and The Media

Remember....

If you have anything you wish to share with SAM members, please let us know by e-mailing [administrator@acutemedicine.org.uk](mailto:administrator@acutemedicine.org.uk)

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# Past, Present and Future

The Society for Acute Medicine

July 2016

Detail and registration at: <http://www.pastpresentfuture2016.org/>

**A**cute medicine – clinical and organisational

**C**ontemporary – unique opportunities for trainees and non-medics to present

**U** must not miss

**T**hrough the ages – Past, Present and Future of medicine with unrivalled clinical CPD

**E**ducational, entertaining and embracing the multi-professional team

The countdown to our autumn meeting has begun. This year is our 10<sup>th</sup> International Scientific Meeting, jointly hosted with the Royal College of Physicians of Edinburgh. The 250 submitted abstracts are now with the adjudicators.

The Edinburgh International Conference of Medicine allows us to reach a much wider audience. The theme of the conference, Past, Present and Future, provides a template for us to look at a wide range of common conditions; learning from the past and crystal-balling the future.

Acute medicine is more than clinical CPD. SAM conferences consistently deliver up-to-date thinking in service delivery and development. Never has this been more important than now, as we head into another winter on the back of the two most difficult winters ever for the NHS.

We have our traditional autumn staples of masterclasses, MDT sessions, research and trainee sessions.

We have adapted the programme to make sessions less didactic, to allow more audience discussion and participation.

Sepsis is hitting the headlines again. We have assembled a world-class field to debate sepsis:

[The NICE Perspective – Dr Saul Faust](#)

[NCEPOD Perspective – Dr Vivek Srivastava, London](#)

[International Sepsis Definitions Task Force Perspective – Professor Mervyn Singer, London](#)

[Panel Discussion including Dr Prabath Nanayakkara](#)

Please visit the website and look at the programme. For the acute physician, Edinburgh is the ‘must go to’ meeting this year. For the non-acute physician, generalist or specialist, Edinburgh is a golden opportunity to look at medicine across the ages.

The NHS needs solutions now to provide stability; Edinburgh is not just for clinicians, it is an ideal opportunity for your managers to hear how our acute community can provide quality and safety for patients during this most difficult of times.



# Trainees

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## **SAM press release on trainee contracts**

We responded to the BMA's referendum regarding the new contract for junior doctors. Interestingly, 58% of trainees reflected the contract, the same figure as our fill rate for registrar posts in the first round of recruitment this year. Going forward, we need more than 58% of our posts filled; to do this trainees need a fair contract. Our response is available at the link below. We called on the Secretary of State for Health to halt the new contract and work with agencies who understand the needs of junior doctors to make their working lives better.

## **Win a place at EFIM (European Federation of Internal Medicine)**

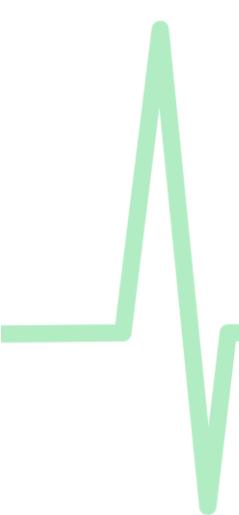
### **European School of Internal Medicine**

SAM is a member of the European Federation of Internal Medicine (EFIM). EFIM holds two week long schools for trainees each year, one in the summer and one in the winter. Each year we sponsor two trainees to attend a meeting.

Our two scholarships are allocated through open competition. Prospective candidates should contact the SAM office for details at [administrator@acutemedicine.org.uk](mailto:administrator@acutemedicine.org.uk)

## **Election - Nominations Sought**

We are seeking nominations for a trainee representative on SAM Council. Closing date 25th July 2016. Details are available on the SAM website.



# Acute Medicine – Republic of Ireland

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SAM Belfast was good opportunity to catch-up on the development of acute medicine across the whole of Ireland. Professor Garry Courtney was keen for colleagues in the Republic of Ireland to receive a copy of the newsletter and keep us updated with developments across the Irish Sea.

## Introduction into the National Acute Medicine Programme in Ireland

**From Gemma Leacy, Project Coordinator, Clinical Programmes, Royal College of Physicians of Ireland**

*The National Acute Medicine Programme (NAMP) is a clinician led initiative that was launched in December 2010 between the Health Service Executive's (HSE), the Royal College of Physicians of Ireland (RCPI), the Irish Association of Directors of Nursing and Midwifery (IADNAM), Health and Social Care Professionals and the Irish College of General Practitioners (ICGP).*

*The programme recognises the essential role of large and small hospitals, general practitioners (GPs) and community services. It provides a framework for the delivery of acute medical services which seeks to substantially improve patient care.*

*The programme is currently under the joint leadership of Prof Garry Courtney and Dr Yvonne Smyth.*

### Meet the Team

*Professor Garry Courtney graduated in Medicine from Trinity College, Dublin University, trained in General Medicine and Gastroenterology in Dublin and London and was appointed a Consultant Physician and Gastroenterologist in St. Luke's Hospital, Kilkenny in 1996. He is a member of the Executive of the Ireland East Hospital Group. Other appointments include Associate Professor of Medicine at the Royal College of Surgeons in Ireland and College Tutor at the Royal College of Physicians of Ireland. He was a member of the working group which established Clinical Directorates in 2008 and is the Clinical Director in St. Luke's Hospital, Kilkenny. Clinical Interests include Acute Medicine, Viral Hepatitis, Interventional Endoscopy and Inflammatory Bowel Disease. Prof Courtney has been the Clinical Lead of the Acute Medicine Programme since 2010.*



*Dr Yvonne Smyth, Clinical Co-lead joined the programme in December 2015. She graduated from NUIG in 1997 and trained in University College Hospital Galway (UCHG). Thereafter she worked in Beaumont, Tallaght and Cork University Hospitals before returning to Galway to complete the Cardiology Specialist Registrar Training Programme in both Cardiology and General Internal Medicine in 2007. Her particular areas of interest are cardiovascular imaging and heart failure. Dr Smyth undertook a subspecialty fellowship in the Cleveland Clinic USA prior to being appointed as a Consultant Cardiologist in Bon Secours Hospital and*





# Acute Medicine – Republic of Ireland

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*Kerry General Hospitals Tralee in 2008. She took up joint Cardiology/ AMU post in Galway University Hospital in 2012 and was appointed as the Acute Medicine Lead for the Saolta Hospital Group in 2015. She has a MA in Healthcare Management, a Diploma in Clinical Education, is a fellow of the RCPI and an ACLS instructor.*

*Other members of the clinical programme include; Mr Richard Walsh (Director of Nursing Lead), Mr Paul Nolan (Health and Social Care Professional Lead) and Ms Gemma Leacy (Project Coordinator).*

*The Acute Medicine Programme has achieved so much since being established in late 2010, such as introducing the National Early Warning Score (NEWS), the COMPASS e-learning programme and establishing Acute Medical Assessment Units (AMAUs) and Medical Assessment Units (MAU's), (33 AMAUs/MAUs nationally), which brought about a significant reduction in the AvLoS for medical patients in 33 Acute Hospitals currently implementing NAMP model. The programme designated hospitals into Model 1,2,3 and 4 Hospitals and mandated GP/Hospital liaison committees in all acute hospitals*

*Over the next few months, we will be giving you an insight into some of projects the team are working on within the programme such as; the implementation of NQAIS Clinical, patient experience times in AMAUs in Ireland, Health and Social Care Professionals role in the delivery of Acute Medicine, the nursing role within AMAUs and the Irish Society of Acute and Internal Medicine. The NAMP team have visited many acute medicine facilities across the U.K. and have drawn inspiration from SAM (The Society of Acute of Medicine) which has provided sound practical advice to our fledging sister society ISAIM (The Society of Acute and Internal Medicine).*

# Acute Medicine – Netherlands

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I recently attended the Dutch Acute Medicine meeting in Enschede, Twente. The meeting was a great success with a lot of energy and excellent trainees. I am pleased to say that Dr Prabath Nanayakkara and his colleagues are keen to receive the newsletter and contribute regular updates.

## CURIOS

*The largest prospective European readmission study CURIOS@ “CaptUring Readmission data InternatiOnally by Safer@home group” is underway in 18 centers the Netherlands, Denmark, Ireland and the UK (clinicaltrials.gov: NCT02621723). This study is coordinated by the safer@home consortium which was started by an enthusiastic group of acute physicians who met each other during SAMsterDAM in 2014 their projects concern improving patient safety in the acute care chain, and plan to work on research questions originating from daily issues on the work floor.*

*CURIOS@ focuses on the preventability of re-admissions by assessing the perspectives of the patient, their carer and treating nurse and physician during their re-admission. To date, 1300 patients have been included. All the doctors and nurses involved in the study received original CURIOS@ heart sweets on the 26<sup>th</sup> of May in their mail to celebrate the inclusion of the 1000th patient (See photo). The study will stop inclusion in November; we expect to include around 1500 patients.*

*Coordinating researcher Louise van Galen (PhD candidate acute medicine in VU university medical center in Amsterdam) was in Dublin to give a talk to the staff about the study in St. James hospital last Friday. St. James has recently started including patients for the study. At the moment, we have 18 centers in 4 countries including. In the coming weeks a few more UK centers will also start participation.*

*This whole project has been a great success so far because of the teamwork of not only the consortium members but also acute physicians from the participating countries! This project which is the result of intensive collaboration between acute physicians from UK, Ireland, and the Netherlands is hopefully the first of many projects to follow in the future. If you wish to keep up to date with the study and our progress please follow @GalenLouise on Twitter. See you in Edinburgh!*





# Research Committee

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## Acute Medicine and Pregnancy

Within acute medicine we have a number of important groups who need our care, such as teenagers and older people. Dr Anita Banerjee is our acute champion for pregnant patients and asked us highlight the following important information.

*The Royal College of Physicians and Surgeons in Glasgow and RCOG have produced several resources to support staff working with pregnant women who become ill with non-pregnancy related illness.*

*The link below will take you to a video and poster.*

*The material incorporates the '3 Ps in a POD' in understanding pre-pregnancy, pregnancy and postpartum.*

<https://rcpsg.ac.uk/college/influencing-healthcare/policy/maternal-health>

# Acute Medicine Awareness Day 2016 Competition

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## St George's University Hospitals NHS Foundation Trust

We wish to thank everyone who entered our Acute Medicine Awareness Day (AMAD) competition. As with all competitions there can only be one winner and when the judging criteria are so subjective it is actually very difficult to decide who is best. Eventually we decided that Vickery Mummery and the team from St George's were best, so apologies to the rest, but once again many thanks for taking part.

Vicky wins a free place at a SAM conference (not including travel or accommodation) or she can upgrade our 2-for-3 offer to 1-for-3 offer.

## Vicky's AMAD:

*For AMAD 2016 we focused on raising awareness of what the Society for Acute Medicine has to offer it's members as well as showcasing work presented by MDT members who work on the AMU at St George's. AMAD 2015 focused on promotion of AMU as the centre to initial care in patient pathways, whereas AMAD 2016 focused on our professionals. Following recent attendance at SAM Belfast, networking amongst the SAM multidisciplinary group had a strong emphasis on building membership numbers, promoting membership to those who have fewer representatives in SAM including physiotherapists, OT's, SALT's and dieticians to become a stronger, more influential collaborative working group. At St George's we are fortunate to have a number of non-medical members who together drove this awareness forward. On talking to professionals, it appeared people had minimal understanding about the amazing benefits that SAM offers, the society's role within AMU's development and the hard work dedicated to conferences. Leading up to AMAD, we produced a SAM information board that included key aims of SAM, clinical indicators, membership benefits and promoted work presented by St George's SAM members at previous conferences.*

*We wanted people to start talking more about the Society for Acute Medicine!!*





# SAM and The Media

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We continue to work hard to build our profile in the media and online and have seen a number of statements appear in various media publications, particularly around the junior doctors' contract.

During June, we featured in a Guardian article on issues within the A&E department at the Queen Alexandra Hospital in Portsmouth regarding concerns we had raised earlier this year around overcrowding (<https://www.theguardian.com/society/2016/jun/09/portsmouth-ambulances-late-to-two-life-threatening-incidents-says-report>), while we also published the document 'State of the nation' and promoted it via a press release.

<http://www.acutemedicine.org.uk/news/state-of-the-nation-more-than-ever-better-is-possible/>

This resulted in media coverage in The Sun and the Daily Express, as well as various online news sites including BT News and specialist press Primary Care Today and The Pharmacist.

<http://www.express.co.uk/news/uk/679794/NHS-work-overhaul-leading-medic-Acute-Medicine>

<http://www.nwemail.co.uk/NHS-does-not-work-and-needs-overhaul-says-leading-medic-5b0a30e7-4a0c-442d-a0d3-6e49bd49de9a-ds>

<http://home.bt.com/news/uk-news/nhs-does-not-work-and-needs-overhaul-says-leading-medic-11364067840267>

<http://primarycaredtoday.co.uk/news/news-retired-gps-targeted-nhs-needs-overhaul-childhood-obesity-and-diabetes>

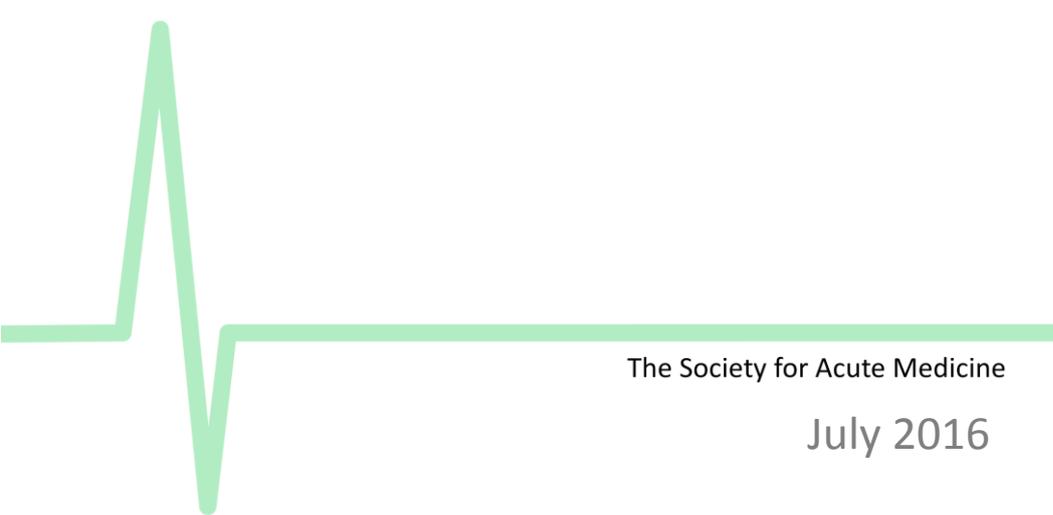
<http://www.thepharmacist.co.uk/news/news-in-brief-88/>

More recently, our comments on the rejection of the junior doctor contract were picked up by The Guardian (<https://www.theguardian.com/society/2016/jul/05/junior-doctors-reject-contract-offer>) and we issued a statement on the release of the NICE sepsis guideline:

<http://www.acutemedicine.org.uk/news/nice-sepsis-guideline-devil-is-in-the-detail-dr-mark-holland/>

Our activities have continued this month, we carried out a live interview with LBC Radio in London on Brexit and the NHS and expect to comment further on this and the wider issue of recruitment in the coming weeks.

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Many thanks for now,

A handwritten signature in black ink that reads "Mark Holland". The signature is stylized and includes a horizontal line underneath.

Mark Holland

President, The Society for Acute Medicine