Useful Acute Internal Medicine Guidelines

Top 20

Abdominal pain

BSG: UK guidelines for the management of acute pancreatitis (2005)


Acute back pain

NICE CG75 Metastatic spinal cord compression (November 2008)
http://guidance.nice.org.uk/CG75

Blackout/Collapse

See syncope

Breathlessness

BTS Emergency Oxygen Use in Adult Patients (2008)

http://www.brit-thoracic.org.uk/clinical-information/asthma/asthma-guidelines.aspx

NICE: CG101 Chronic obstructive pulmonary disease (update) (June 2010)
http://guidance.nice.org.uk/CG101


BTS 2009 Update of the Guidelines for the Management of Community Acquired Pneumonia in Adults

NICE: CG69 Respiratory tract infections (July 2008)
http://guidance.nice.org.uk/CG69

NICE Clinical diagnosis and management of tuberculosis, and measures for its prevention and control March 2006
http://guidance.nice.org.uk/CG33

BTS Guidelines for the Management of Suspected Acute Pulmonary Embolism 2003

ESC: Acute Pulmonary Embolism (Diagnosis and Management of) The 2008 update focuses on current validated methods of diagnosis, prognostic evaluation, PE therapy and management in specific situations.
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/acute-pulmonary-embolism.aspx

ESC Clinical Practice Guidelines Valvular Heart Disease (Management of) (2007)
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/valvular-heart-disease.aspx

ESC Clinical Practice Guidelines Infective Endocarditis (Guidelines on Prevention, Diagnosis and Treatment of) (2009)
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/infective-endocarditis.aspx

NICE: CG5 Chronic heart failure (Oct 2003)
http://guidance.nice.org.uk/CG5

ESC Clinical Practice Guidelines Acute and Chronic Heart Failure (Diagnosis and Treatment) (2008)
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/acute-chronic-heart-failure.aspx

ESC Clinical Practice Guidelines Cardiac Pacing and Cardiac Resynchronisation Therapy(2007)
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/cardiac-pacing-and-cardiac-resynchronisation-therapy.aspx

Chest pain

NICE: CG95 Chest pain of recent onset (March 2010)
http://guidance.nice.org.uk/CG95

ESC Clinical Practice Guidelines Universal Definition of Myocardial Infarction (2007)

http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/acs-st-segment-elevation.aspx

NICE: Unstable angina and NSTEMI (March 2010)
http://guidance.nice.org.uk/CG94

ESC Clinical Practice Guidelines Percutaneous Coronary Interventions (Guidelines for) (2005)

ESC Clinical Practice Guidelines Stable Angina Pectoris (Management of) (2006)

NICE CG48 MI: secondary prevention (May 2007)
http://guidance.nice.org.uk/CG48

http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/cvd-prevention.aspx

SIGN Heart Disease February 2007
http://www.sign.ac.uk/guidelines/fulltext/93-97/index.html

ESC Clinical Practice Guidelines Aortic Dissection (Diagnosis and Management of) (2001)
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/aortic-dissection.aspx

ESC Clinical Practice Guidelines Pericardial Diseases (Guidelines on the Diagnosis and Management of) (2004)
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/pericardial-diseases.aspx

Confusion, Acute/Delirium
http://guidance.nice.org.uk/CG103

Cough
BTS Guidelines Recommendations for the Management of Cough in Adults (2007)

Diarrhoea
NICE: CG61 Irritable bowel syndrome: NICE guidelines (Feb 2008)
http://guidance.nice.org.uk/GG61


BSG: Guidelines for the Management of Inflammatory Bowel Disease in Adults (2004)


Falls
NICE: CG21 Falls (August 2005)
http://guidance.nice.org.uk/CG21

Fever
http://www.survivingsepsis.org/GUIDELINES/Pages/default.aspx

Surviving Sepsis Campaign Statement on Glucose Control in Severe Sepsis (June 2009)
http://www.survivingsepsis.org/GUIDELINES/Pages/default.aspx

Fits/Seizure
NICE: CG20 Epilepsy in adults and children (March 2010)
http://guidance.nice.org.uk/CG20

Haematemesis and Malaena
SIGN 105 Management of acute upper and lower gastrointestinal bleeding (Sept 2008) (Commended by BSG)
http://www.sign.ac.uk/guidelines/fulltext/105/index.html

http://www.bsg.org.uk/clinical-guidelines/endoscopy/anticoagulant-antiplatelet-therapy.html
BSG: Guidelines for the Management of Iron Deficiency Anaemia 2005

Headache
NICE: CG102 Bacterial meningitis and meningococcal septicaemia (June 2010)
http://guidance.nice.org.uk/CG102

SIGN 107 Diagnosis and management of headache in adults (Nov 2008)
http://www.sign.ac.uk/guidelines/fulltext/107/index.html

Jaundice


Limb pain & swelling
NICE: CG92 Venous thromboembolism - reducing the risk: NICE guideline February 2010
http://guidance.nice.org.uk/CG92

Palpitations
NICE CG36 Atrial fibrillation (June 2006)
http://guidance.nice.org.uk/CG36

http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/atrial-fibrillation.aspx

http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/supraventricular-arrhythmias.aspx


Poisoning
http://guidance.nice.org.uk/CG16

Rash
Vomiting and nausea (only exists in GIM!)

Weakness and paralysis
NICE: CG68 Stroke: NICE guideline (July 2008)
http://guidance.nice.org.uk/CG68

SIGN 108 Management of patients with stroke or TIA: Assessment, investigation, immediate management and secondary prevention (Dec 2008)
http://www.sign.ac.uk/guidelines/fulltext/108/index.html

American Heart Association Guidelines for the Management of Spontaneous Intracerebral Hemorrhage (2010)
http://stroke.ahajournals.org/cgi/reprint/STR.0b013e3181ec611b

Other Important Presentations
Abdominal Mass/Hepatosplenomegaly

Abdominal Swelling & Constipation

Abnormal sensation (Parasthesia & Numbness)

Aggressive/Disturbed Behaviour
NICE: CG25 Violence: February 2005
http://guidance.nice.org.uk/CG25

Alcohol and Substance Dependence
NICE Guidelines: CG100 Alcohol-use disorders: physical complications (June 2010)
http://guidance.nice.org.uk/CG100

Anxiety/Panic Disorder
NICE CG77 Anxiety (Dec 2004)
Bruising and Spontaneous Bleeding

Dialysis
CG73 Chronic kidney disease (September 2008)
http://guidance.nice.org.uk/CG73

Dyspepsia
NICE: CG17 Dyspepsia (August 2004)
http://guidance.nice.org.uk/CG17

Dysuria

Genital Discharge and Ulceration

Haematuria

Haemoptysis
NICE: CG24 Lung cancer: full guideline (February 2005)

Head Injury
NICE: CG56 Head injury: NICE guideline (September 2007)
http://guidance.nice.org.uk/CG56
SIGN: 110 Early management of patients with a head injury (May 2009)
http://www.sign.ac.uk/guidelines/fulltext/110/index.html

Hoarsness and Stridor

Hypothermia

Incidental Findings
NICE: CG34 Hypertension: NICE guideline (June 2006)
http://guidance.nice.org.uk/CG34
ESC Clinical Practice Guidelines Arterial Hypertension (Management of) (2007)
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/arterial-hypertension.aspx

Involuntary Movements

Joint Swelling

Lymphadenopathy

Loin Pain

Medical Problems Following (Acute Illness and) Surgical Procedures

Medical Problems In Pregnancy
ESC Clinical Practice Guidelines Cardiovascular Diseases during Pregnancy (Expert Consensus Document on Management of)

Memory Loss (Progressive)
NICE: CG42 Dementia (Nov 2006)
http://guidance.nice.org.uk/CG42

Micturition Difficulties
NICE CG97 Lower urinary tract symptoms (May 2010)
http://guidance.nice.org.uk/CG97

Neck Pain

Physical Symptoms in Absence of Organic Disease
NICE: CG90 Depression: the treatment and management of depression in adults (update) (Oct 09)
http://guidance.nice.org.uk/CG90

Polydipsia
NICE CG15 Type 1 diabetes in adults (2004)
http://guidance.nice.org.uk/CG15
NICE: CG66 Type 2 diabetes (May 2008)
http://guidance.nice.org.uk/CG66
SIGN: 116 Management of Diabetes
http://www.sign.ac.uk/guidelines/fulltext/116/index.html
Polyuria
Pruritus
Rectal Bleeding
Skin and Mouth Ulcers
Speech Disturbance
Suicidal Ideation
Swallowing Difficulties

**Syncope & Pre-syncope**
ESC: Clinical Practice Guidelines Syncope (2009)
http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/syncope.aspx

**Unsteadiness/Blance Disturbance**

**Visual Disturbance**

**Weight Loss**
NICE: CG32 Nutrition support in adults (February 2006)
http://guidance.nice.org.uk/CG32

BSG: Guidelines for Enteral Feeding in Adult Hospital Patients (1996)

NICE: CG86 Coeliac disease (May 2009)
http://guidance.nice.org.uk/CG86

BSG: Guidelines for Management of Patients with a Short Bowel (2006)

**Others**
NICE CG50 Acutely ill patients in hospital (July 2007)
http://guidance.nice.org.uk/CG50

NICE: CG27 Referral for suspected cancer (July 2005)
http://guidance.nice.org.uk/CG27

NICE: CG33 Tuberculosis March 2006
http://guidance.nice.org.uk/CG33

http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/b-adrenergic-receptor-blockers.aspx

http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/antiplatelet-agents.aspx