NEWSLETTER

November 2021

Including…..

- What we learned at SAMLondon Conference
- Hello new team
- Webinars
- SAM Vision – looking for interested members
- PA teaching sessions – volunteers needed
- Research - including of details of how to get involved with the End of life Care Research Project
- Presidential Update
- Appendix – latest published research that has had SAM involvement

PRESIDENT	PRESIDENT ELECT	SECRETARY	TREASURER	ADMINISTRATOR
Dr.S Crossland	Dr. T Cooksley	Dr. V Price	Dr M Wheble	Ms V Mariani

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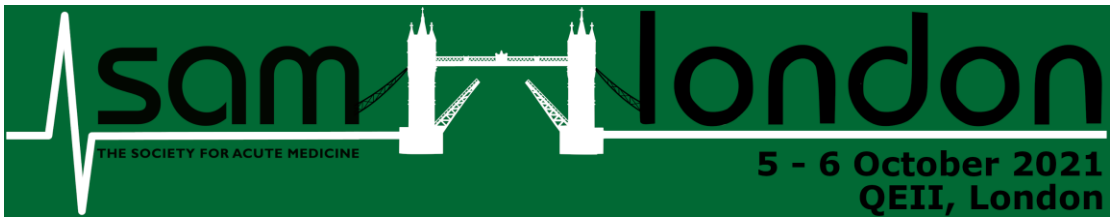
SAMLondon Conference



We hoped you all enjoyed the SAMLondon conference as we did. It was so good to see each other in person again. Lots of people commented that they hadn't really realised how much they had missed the benefits of an in-person conference until they were there and how they can't wait for the next one! A huge thanks to our local hosts (Nick Murch and Tehmeena Khan), the great speakers and of course our incredible Eventage team for putting it together. For those of you who did not get to attend in person – then don't worry- we have two great conferences for 2022 planned. Get your study leave in early!

- SAMBristol – 24th and 25th March
- SAMManchester 19th -20th September

Hello new team ☺

- Courtney Matthewson will be our trainee representative

Hi, I am Courteney, your new Trainee Rep who will be working alongside Kelham. I'm a LTFT trainee based in Bristol where outside of work I love mini adventures with my 2 year old daughter and sprocker spaniel, running and wine (usually separately!) I'm really interested in facilitating equal opportunities in training and genuinely delighted to be representing you during the coming changes to the AIM curriculum so please get in touch if you have any thoughts or ideas.

- Nick Murch will be our President Elect

Nick Murch has been a consultant in Acute Medicine and Medical education since 2010 and a SAM member for over 15 years. Many of you will know him from his time helping plan the SAM London conference, and his time as Training Programme Director / Regional special advisor to the RCP for

North central and East London. In this role he has helped to develop the new Higher Specialty Training Curriculum for the specialty. He looks forward to his time as president-elect, and subsequently president, as well as working with current and future board members.

- Vicky Price will be staying on for a second term as secretary

Vicky has been secretary for the previous 3 years and is excited to start another term. She works as an Acute Physician in Liverpool and has an interest in SDEC/Ambulatory Care and End of life care/Mortality & Morbidity processes on AMU.

During her first term of Secretary she really enjoyed the opportunities to speak at Local and National conferences and meeting incredible people from all over the UK representing all parts of the MDT. Covid has been less fun, but it's been made more bearable by working with such supportive people both locally and nationally. Seeing the volume of work and effort done by the SAM Presidential team representing Acute Medicine during this time has been inspiring and a real insight into how much SAM does to represent its members. Being local host for ScouseSAM was a highlight of the past 12 months but she is really looking forward to more in-person conferences (and pyramids).

- Damian Dooey will be the New Consultant Representative

Damian is taking on the role of the New Consultant Representative, after having been the Trainee Representative for the last two years on the Society for Acute Medicine. He has recently become an Acute Medical consultant at Warrington and Halton Teaching Hospitals, his skills include POCUS, leadership and education. He has a keen interest in the support of trainees and junior doctors, continuing the role from trainee representative. Having been a takeAIM fellow before, a part of the new role will be working alongside the current takeAIM fellows with any exciting upcoming projects.

'Happy to be accepted back on to the council in a new role and look forward to representing all new consultants – get in contact if you have any questions.'

Webinars

We are looking forward to the last in the current series of webinars. **Free to all SAM members**. Please go to the SAM website to register ***https://www.acutemedicine.org.uk/***

The date is 11th November 7-9pm

In addition we are excited to bring back the Christmas Quiz on the 14th December again 7pm-9pm

SAM Vision Group

As part of the Policies and Procedures Committee we have a subgroup (SAM Vision) looking at the definitions of Acute medicine, the structure of SAM and our vision going forward. It is really important to us that we have enthusiastic trainees at the earlier stages of their Acute Medical Careers to help us shape the future. The commitment would be around one meeting a month and we'd mainly need you for your thoughts and opinions. If you are interested in joining us, please email administrator@acutemedicine.org.uk for more information.

PA update – teachers needed!

The PA teaching sessions are starting with the first one being held on 24th November at 7pm. Do get in touch if you are interested in attending these sessions but also – we are keen to hear from any interested teachers for future sessions. As always get in touch administrator@acutemedicine.org.uk and we will get back to you.

Research

Thank you to everyone who has signed up to the SAM Research Network and to those who have opened as sites for the CHAPS trial as detailed in the last news letter. In this newsletter we are focussing on SAM-linked research output in acute medicine.

Attached at the end of the Newsletter is a selection of published works by SAM members where the research team have been able to contribute.

If you would like your own work to be featured here please get in touch.

A number of SAM members have been appointed to academic positions and we would like to pass out congratulations to them. Below we highlight the academic career of Liz Lees-Deutsch.

If you would like advice and guidance on an academic career, please get in touch.

Please also remember to sign up to the SAM Research Network via the following link: https://www.surveymonkey.co.uk/r/CXWFJ8J

Liz will commence a new role as Associate Professor of Nursing with Coventry University on 4th October. This is a jointly appointed role, where she will join a brand new multiprofessional team of 6 clinical academics, in the Centre for Care Excellence at University Hospital Coventry and Warwickshire. Liz completed her PhD with the NIHR in 2018 and plans to continue her international research regarding patient discharge from hospital and developing capability and capacity to undertake research for nurses in clinical roles.

Liz is currently supervising a nurse undertaking a PhD (with international funding) on the topic of Sepsis (recognition and service transformation in lower middle income countries) now in her 2nd year of a 4 year programme.

Liz has supported 2 applicants to secure Pre-Doctoral Academic Fellowships (2021), they aim to apply for NIHR Clinical Doctoral Fellowships in 2022/2023.

Liz presents her research on patient discharge and knowledge translation in practice at the RCN International Research Conference

End of lie Care Research – get involved!

A new research project, called Improving Implementation of NICE Recommendations on Planning Treatment and Care Towards the End of Life, seeks to address a key problem: that **many people nearing the end of their lives are not consulted on their preferences for treatment and care towards the end of life**. This can result in less personalised care and poorer experiences for individuals, their families and carers. The study will try to improve the quality of end-of-life care planning by learning from the views and experiences of a wide range of people.

If you are a clinician or member of healthcare staff who provides care to people who may be approaching the end of their lives – the team is very keen to hear from you. *Learn more about what's involved here (copy and paste this link into your browser)*

https://www.thiscovery.org/end-of-life-care

Presidential Update

Dear Friends

It has been a month since I have had the privilege and honour of taking over as President of SAM. I hope to build upon the fantastic work that Dr Sue Crossland has done over the last two years and that of all the

eminent previous holders of the role that have helped to establish the reputation and position of our fantastic specialty.

A reasoned and cogent reflection of the impact of Acute Medicine over the last decade necessitates a conclusion that much has been achieved and the infrastructure is in place to ensure future innovative, high quality and adaptive acute medical care. Early international adopters of the specialty demonstrate its increasing traction. A vision of how the struggling UK acute care sector would have survived without Acute Medicine, Acute Medical Units and the “front door” models led by the specialty is not appealing. The huge contribution, tremendous work and, tragically in some cases sacrifices, of Acute Medicine teams during the COVID pandemic was essential. As a specialty we should and must remain proud of the impact we had in its management.

Predictions for the urgent and emergency care system in the upcoming months are difficult. There will be challenges: there always are and that to a degree is what makes working in acute care so fulfilling. However, even the most adaptive and innovative acute care systems will toil when these challenges become overwhelming. There is an escalating sense of desperation to reach a post-pandemic phase.

Delivering acute medical care on the background of the post-pandemic challenges alongside workforce and a “perfect storm” of other issues is one thar none of us have faced. The skills and resilience of our teams will face its sternest test yet. As a Specialty we will continue to do what we have always done since its inception: evolve, adapt, innovate and deliver.

SAM will continue to try to support these priorities and play its part in the continued growth, development and evolution of our fabulous Specialty. We need yourselves as our friends, colleagues and members to support us to ensure this is achieved. We recognise the need to increase participation within the Society.

There are many exciting research and QI projects being developed nationally within Acute Medicine. The opportunities for SAM members to get involved in this work will be plentiful in the next year so please get involved. Please encourage any budding Acute Medicine researchers to apply for one of our SAM research grants.

Data to quantify the challenges that our Acute Medicine teams face are essential. SAMBA continues to deliver powerful and important data. The team have been working hard to progress SAMBA and we are hoping that colleagues will support our Acute Medicine SITREP where we will ask teams to collect 3 key indicators of Acute Medicine performance pressure:-

1. Is your AEC/SDEC unit bedded down?
2. How many empty beds are there on the AMU? (at 0900)
3. How many patients are currently in the ED waiting for a bed on the AMU? (at 0900)

SAM currently has research, education and QI subcommittees. We are hoping to expand our subcommittees to both facilitate easier member involvement within the Society but also drive important areas within the Specialty, drive future projects and help liaison with other Specialty societies. These may include SDEC, Frailty, Stroke, Maternal Medicine, Palliative Care, Acute Oncology and any that a group of our members would like us to consider establishing. Please get in touch if you are keen to lead in the development of any of these.

I hope to have regular Zoom calls for members to propose suggestions, raise concerns and ask questions regarding the work of SAM. Please feel free to email me at any time at President@acutemedicine.org.uk. I promise to always respond to all emails (even if that not as quickly as I would like).

Once again, SAM thanks all colleagues for their amazing and diligent work which makes us a society and Specialty so proud. The next few months will be remarkably tough but Acute Medicine continues to make a huge difference. Thank you.

Appendix 1

A List of published work by SAM members where the Research team have been able to contribute.

Tankel JW, Ratcliffe D, Smith M, Mullarkey A, Pover J, Marsden Z, Bennett P, Green D. Consequences of the emergency response to COVID-19: a whole health care system review in a single city in the United Kingdom. BMC Emergency Medicine. 2021;21:55.

Bell JS, James BD, Al-Chalabi S, Sykes L, Kalra PA, Green D. Community- versus hospital-acquired acute kidney injury in hospitalised COVID-19 patients. BMC Nephrology. 2021;22:269

Knight T, Clare S, Smallwood N, Lasserson DS. Gaps in point of care ultrasound provision and the cost of ultrasound equipment provision: results of a nationwide audit of acute medical units. Acute Med. 2020;19(2):64-68

Reschen M, Bowen J, Singh S, Rajwani M, Giles M, Price J, Lasserson DS, O'Callaghan CA. Process of care and activity in a clinically inclusive ambulatory care unit: progressive effect over time on clinical outcomes and acute medical admissions. Future Healthc J. 2020 Oct;7(3):234-240

Nicodemo C, Barzin S, Lasserson D, Moscone F, Redding S, Shaikh M, Cavalli N. Assessment of System Vulnerability to Unexpected Health Shocks: Evidence for England at the Time of COVID-19. BMJ Open. 2020 Sep 29;10(9):e039749

Knight T, Edwards L, Rajasakaren A, Clare S, Lasserson DS. Point-of-care lung ultrasound in the assessment of COVID-19: a retrospective service evaluation with a severity score. Acute Med. 2020;19(4):192-200

Holland M, Atkin C, Knight T, Subbe C, Cooksley T, Lasserson D. Society for Acute Medicine Benchmarking Audit 2019 (SAMBA 2019): Trends in Acute Medical Care. Acute Med. 2020;19(4):209-219

Atkin C, Knight T, Subbe C, Holland M, Cooksley T, Lasserson DS. Acute care service performance during winter: report from the winter SAMBA 2020 national audit of acute care. Acute Med. 2020;19(4):220-229

Ekeozor CU, Jeyaruban D, Lasserson D. Where should patients with or at risk of delirium be treated in an acute care system? Comparing the rates of delirium in patients receiving usual care versus alternative care: a systematic review and meta-analysis. Int J Clin Pract. 2020 Nov 25:e13859

Elias T, Bowen J, Hassanzadeh R, Lasserson DS, Pendlebury ST. Factors associated with admission to bed-based care: observational prospective cohort study in a multidisciplinary same day emergency care unit (SDEC). BMC Geriatrics 2021 21:8

Micocci M, Gordon AL, Seo MK, Allen AJ, Davies K, Lasserson D, Thompson C, Spilsbury K, Akrill C, Heath R, Astle A, Sharpe C, Perera R, Hayward G, Buckle P on behalf of the CONDOR Study Group. Is Point-of-Care testing feasible and safe in care homes in England? An exploratory usability and accuracy evaluation of Point-of-Care Polymerase Chain Reaction test for SARS-COV-2. Age Ageing. 2021 Apr 21:afab072

Barker J, Byrne KS, Sayers O, Joseph K, Sleeman M, Lasserson D, Vaux E. Electronic Alerts for Acute Kidney Injury Across Primary and Secondary Care. BMJ Open Qual. 2021 May;10(2):e000956

Peto T, on behalf of the UK COVID-19 Lateral Flow Oversight Group. COVID-19: Rapid antigen detection for SARS-CoV-2 by lateral flow assay: A national systematic evaluation of sensitivity and specificity for mass-testing. EClinicalMedicine. 2021 Jun;36:100924

Hinks TSC, Cureton L, Knight R, Wang A, Cane JL, Barber VS, Black J, Dutton SJ, Melhorn J, Jabeen M, Moss P, Garlapati R, Baron T, Johnson G, Cantle F, Clarke D, Elkhodair S, Underwood J, Lasserson D, Pavord ID, Morgan S, Richards D. Azithromycin versus standard care with mild-to-moderate COVID-19 (ATOMIC2): an open-label randomised trial. Lancet Respir Med. 2021 Jul 9:S2213-2600(21)00263-0

Goyal D, Mansab F, Naasan A, Iqbal A, Millar C, Franklin G, Thomas S, McFadden J, Burke D, Lasserson DS. Restricted access to the NHS during the COVID-19 pandemic: Is it time to move away from the rationed clinical response? Lancet Regional Health Europe Lancet Reg Health Eur. 2021 Sep;8:100201