The Advanced Nurse Practitioner

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“Super nurses or mini doctors?”

“Specialists must be maxi-nurses not mini doctors”

“Are nurses the new doctors?”

Are we ‘Nocters’?
Definition

“An Advanced Nurse Practitioner (ANP) is a registered nurse who has acquired the expert knowledge base, complex decision-making skills and clinical competencies for expanded practice”

Clinical role

• Autonomous and self directed
• Complex reasoning and critical thinking to inform holistic assessments, clinical judgements and decisions
• Request investigations and interpretation of results
• Diagnosis and comprehensive management plan
• Clinical procedures e.g. LP/Ascitic Tap
• Non-medical prescribing (NMP)
• Referrals
• Discharge
Leadership

• Senior Nurse
• Experience/Expert
• Clinical role model and mentor
• Work across professional and organisational boundaries
Strategic

• Service delivery and improvement
• Audit and research
• Consistency among a changing workforce
Development

- Health promotion and prevention
- Development of others and self
- Clinical career pathway for nurses
Financial

• Changing health care needs of the population at a time of financial austerity
• Shortage of speciality skill
• Cost - Dr v’s ANP
The Future

The core characteristics of Advanced Nursing Practice is constant; bespoke elements for its role within Acute Medicine is dependent on the needs of the service and a clear vision for ANP’s in the future.