Inspired to Lead: Keys to Leadership on the AMU
Liz Myers
Management vs leadership

• Management is mostly about processes
• Leadership is mostly about behaviour
Leadership Qualities

1. Self-awareness
2. Accountability
3. Effective communication
4. Creating and describing a vision
5. Creating engagement
6. Coaching and developing teams
7. Creating a culture of robust dialogue
1. Self-awareness

- Know who you are
- Where do you want to go?
- How do you want to be?
- Know what gets in your way
2. Accountability

- Stress makes reactive, distracted cowards of us all
- 90:10 rule = Stress/anxiety – 10% situation/event, 90% our response
“When you blame others, you give up your power to change.”

(Unknown)
Remember Monkeys
3. Effective communication

- Open, honest dialogue
- Listening as important as talking
- Verbal vs non-verbal congruence
4. Creating and describing a vision

“If you don’t know where you are going, you will probably end up somewhere else.”

(Lawrence J Peter)
5. Creating engagement

Drama Triangle
Winners Triangle

Act authentically

Help

Give & ask for Feedback
Be proactive......

![Diagram showing proactive and reactive focus]

- Proactive Focus
  - Circle of Concern
  - Circle of Influence

- Reactive Focus
  - Circle of Concern
  - Circle of Influence
## 6. Coaching and developing teams

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<tr>
<th>Urgent</th>
<th>Important</th>
<th>Not Important</th>
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<tbody>
<tr>
<td><strong>Quadrant 1</strong></td>
<td>Crises</td>
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<td>Deadlines</td>
<td>Prevention</td>
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<td>Meetings</td>
<td>Relationship-building</td>
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<td>Personal Development</td>
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<tr>
<td><strong>Quadrant 2</strong></td>
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<td><strong>Quadrant 3</strong></td>
<td>Interruptions</td>
<td>Trivia</td>
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<td>Some mail</td>
<td>Time-wasting</td>
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<td><strong>Quadrant 4</strong></td>
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7. Creating a culture of robust dialogue

“Be who you are and say what you feel, because those who mind don’t matter and those who matter don’t mind.”

(Dr Seuss)
Key Messages

• Leadership is a way of living
• Leaders are self-aware, they know who they are, where they want to go, and what gets in their way
• Effective leaders are relationship-focussed