Selecting your specialist skill

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Severn Trainee
Specialities

- Procedural skill
- Additional qualifications
- Research
- Specialist skill
List of available specialties

- ECHO
- Diagnostic upper GI endoscopy
- Bronchoscopy
- Ultrasound

- Medical Education
- Healthcare Management
- Leadership
- Toxicology
- ID/ Tropical medicine
List of available specialties

• ICU (additional CCT)
• Stroke (additional CCT)
• Remote/ rural medicine
• In – patient Diabetes
How to go about choosing...

- Do not rush
- Have a proper think and see how it fits with your long term work plan
- End of ST4 have a clear idea and check with TPD your choice will be recognised and fulfill the requirements
- Ensure it is achievable (work commitments, financial, time commitment and enjoyment)
Coming soon...

- Document developed by the AIM course leads
- All current specialities available
- Clearly defined criteria needed to complete for recognition of specialist skill
A little about me...

- ST5
- Severn Deanery
- Looked at a variety of specialties... including ICU and Stroke
- Palliative medicine diploma
Palliative care medicine

- Cardiff University
- 2 year diploma with the option of doing a 3\textsuperscript{rd} year and undertaking a Masters
- One session a week
- Contact with the palliative care team
- ? OOPE... a clinical fellow/ trust grade year or potentially a funded research post
- Job planning long term
Key points

• Make sure it is a good fit for you
• Look at the long term goal and how you want your Consultant job plan to look
• Ensure you get some of your SDL time during the week
• Make sure your specialty is recognised and has a clear curriculum or end point
Resources

- Other trainees
- TPD, Consultants/ Educational supervisors
- Other deaneries
- Curriculums; on the JRCPTB website
- Society for acute medicine website
- Coming soon... a document with all requirements for the different skills
Any questions?